



LUNDS  
UNIVERSITET

**Litteraturlista för PTPP04, Psykoterapeutiska teorier och  
metoder gällande från och med höstterminen 2021**

Litteraturlistan är fastställd av Styrelsen vid institutionen för psykologi 2020-  
12-08 att gälla från och med 2021-08-30

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Se bilaga.

## Litteraturlista för PTPP04, Psykologi: Psykoterapeutiska teorier och metoder

- Abbas, A. (2015). *Reaching through resistance: advanced psychotherapy techniques*. Seven Leaves Press. (382 s.)
- Allen, J. (2013). *Mentalizing in the development and treatment of attachment trauma*. Karnac Books. (288 s.)
- Bateman, A., & Fonagy, P. (2016). *Mentalization-based treatment for personality disorders*. Oxford University Press. (455 s.)
- Bergsten, K. (red.) (2015). *Affektfokuserad psykodynamisk psykoterapi*. Natur & Kultur. (213 s.)
- Busch, F. (2018). *Psychodynamic Approaches to Behavioral Change*. American Psychiatric Association Publishing. (174 s.)
- Busch, F., Milrod, B., Chen, C., & Singer, M. (In press). *Trauma-Focused Psychodynamic Psychotherapy. Bringing evidence-based psychodynamic treatment to patients with PTSD*. Oxford University Press. (ca 200 s.)
- Busch, F., Milrod, B., Singer, M., & Aronson, A. (2012). *Manual of panic-focused psychodynamic psychotherapy, extended range*. Routledge. (232 s.)
- Busch, F., Rudden, M., & Shapiro, T. (2016). *Psychodynamic treatment of depression, second edition*. American Psychiatric Publishing, Inc. (204 s.)
- Clarkin, J, Fonagy, P. & Gabbard, G. (2010). *Psychodynamic psychotherapy for personality disorders*. American Psychiatric Publishing, Inc. (450 s.)
- Coughlin, P. (2017). *Maximizing effectiveness in dynamic psychotherapy*. Routledge. (288 s.)
- Fors, M. (2018). *A Grammar of Power in Psychotherapy*. American Psychological Association. (157 s.)
- Frederickson, J. (2013). *Co-creating change: effective dynamic therapy techniques*. Seven Leaves Press. (481 s.)
- Hilsenroth, M. (2017). Special issue on psychotherapy termination. *Psychotherapy*, 54, 1. (122 s.)
- Karterud, S. & Bateman, A. (2011). *Mentaliseringbaserad terapi*. Liber (130 s.)
- Lemma, A., Target, M. & Fonagy, P. (2013). *Brief Dynamic Interpersonal Therapy*. Oxford University Press. (252 s.)
- Lemma, A. (2015). *Introduction to the Practice of Psychoanalytic Psychotherapy*. John Wiley Sons Inc. (368 s.)
- Luborsky, L. (1984). *Principles of psychoanalytic psychotherapy. A manual for supportive- expressive treatment*. Basic Books. (304 s.)
- Oelsner, R. (Ed.). (2013). *Transference and countertransference today*. Taylor & Francis Ltd. (360 s.)

Safran, J., & Muran, J. (2000). *Negotiating the therapeutic alliance. A relational treatment guide*. The Guilford Press. (200 s.)

Sharpless, S. (2019). *Psychodynamic Therapy Techniques: A guide to Expressive and Supportive Interventions*. Oxford University Press. (280 s.)

Siegel, D. & Solomon, M. (2013). *Healing moments in psychotherapy*. WW Norton & Co. (269 s.)

Summers, R., F. & Barber, J. P. (2012). *Psychodynamic Therapy*. Guilford Publications. (355 s.)

Wachtel, P. (2013). *Therapeutic Communication*. The Guilford Press. (398 s.)

Yeomans, F., Clarkin, J., Kernberg, O. (2015). *Transference focused psychotherapy for borderline personality disorder: A clinical guide*. American Psychiatric Publishing. (382 s.)

Därtill kommer ett antal tidskriftsartiklar efter anvisning från lärare