



Literature for PSYE50, Psychology: Psychology and Climate Change applies from spring semester 2023

Literature established by Committee for Single Subject Courses at the
Department of Psychology on 2022-11-30 to apply from 2023-01-16

See appendix.

Psychology and Climate Change (PSYE50)

Course literature

Course main literature - Textbook:

Scott, B., Amel, E., Koger, S., & Manning, C. (2021). *Psychology for sustainability* (5th ed.). Taylor and Francis.

Additional obligatory readings - Journal articles:

Gifford, R (2011). Dragons of inaction: psychological barriers that limit climate change mitigation and adaptation, *American Psychologist*, 66, 290–30.2.

Elizabeth H, Hickman C, Pihkala P, and Clayton S, and Lewandowski ER. and Mayall EE, Wray B, Mellor C, & van Susteren L. (2021). Young people's voices on climate anxiety, government betrayal and moral injury: a global phenomenon. *The Lancet Planetary Health*, 5, e863-e873

Ives C, Freeth R, & Fischer J (2019). Inside-out sustainability: The neglect of inner worlds, *Ambio* 49:208-217.

Pikhala, P. (2022). Toward a taxonomy of climate emotions. *Frontiers in Climate*, 3.

Ramel, V., Lemle Beckner, V., Wilks, M., Coates, R., & Steltzer, H. (submitted). Taking Acceptance & Commitment Therapy into the world of collective climate action: Finding each other and regenerating the earth.

Theoretical Foundations Report: Research and Evidence for the Potential of Consciousness Approaches and Practices to Unlock Sustainability and Systems Transformation;
https://www.contemplative-sustainable-futures.com/_files/ugd/4cc31e_143f3bc24f2c43ad94316cd50fbb8e4a.pdf

Thiermann & Sheate (2021). The way forward in mindfulness and sustainability: a critical review and research agenda, *Journal of Cognitive Enhancement*, 5:118–139.

Wamsler, C., & Bristow, J. (2022) At the intersection of mind and climate change: Integrating inner dimensions of climate change into policymaking and practice, *Climatic Change*, 173(7).

Wamsler, C., Osberg, G. (2022) Transformative climate policy mainstreaming - Engaging the political and the personal, *Global Sustainability* 5, E13.

Wamsler, C., Osberg, G., Osika, W., Hendersson, H., Mundaca, L. (2021) Linking internal and external transformation for sustainability and climate action: Towards a new research and policy agenda, *Global Environmental Change*, 71:102373.

Additional obligatory readings - Reports and weblinks:

Climate Change 2021: Summary for All (IPCC report summary:

https://www.ipcc.ch/report/ar6/wg1/downloads/outreach/IPCC_AR6_WGI_SummaryForAll.pdf;

Nicholas, K. - We can fix it - Newsletters: <https://wecanfixit.substack.com/p/circlenotwaterfall>
and <https://wecanfixit.substack.com/p/the-only-time-buying-new-is-better>

Wamsler C., Bristow J., Cooper K., Steidle G., Taggart S., Søvold L., Bockler J., Oliver T.H., Legrand T. (2022). Theoretical foundations report: Research and evidence for the potential of consciousness approaches and practices to unlock sustainability and systems transformation. Report of the UNDP Conscious Food Systems Alliance (CoFSA), United Nations Development Programme UNDP. See: https://www.contemplative-sustainable-futures.com/files/ugd/4cc31e_143f3bc24f2c43ad94316cd50fbb8e4a.pdfOnline.

Wray, Britt, How to have more productive climate conversations;
<https://gendread.substack.com/p/how-to-have-more-productive-climate>

Recommended literature - Articles and books (not part of the formal course literature):

Kollmuss, A. & Agyeman, J. (2002) Mind the Gap: Why do people act environmentally and what are the barriers to pro-environmental behavior? *Environmental Education Research*, 8:3, 239-260.

Leichenko, R., & O'Brien, K. (2019). *Climate and society: Transforming the future* John Wiley & Sons.

Nicholas, K. (2021). *Under the sky we make: How to be human in a warming world*. G.P. Putnam's Son.s

Wray, B. (2021). *Generation Dread: Finding purpose in an age of climate crises*. Penguin Random House.