

## **VMFN37, Organisational and Social Work Environment and Mental Health, 7.5 credits**

*Organisatorisk och social arbetsmiljö samt psykisk hälsa, 7,5 högskolepoäng*  
**Second Cycle / Avancerad nivå**

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### **Details of approval**

The syllabus was approved by The Master's Programmes Board on 2021-05-11. The syllabus comes into effect 2021-05-18 and is valid from the autumn semester 2021.

### **General information**

The course is given as a second cycle freestanding course and is intended for all those who are interested in the organisational and social work environment and mental health.

*Language of instruction:* English

### **Learning outcomes**

#### **Knowledge and understanding**

On completion of the course, the students shall be able to:

- explain the relationships between organisational and social work environment factors and mental health
- give an account of models and theories of organisational and social work environment factors
- give an account of the importance of a health-promoting balance between work and private life

#### **Competence and skills**

On completion of the course, the students shall be able to:

- suggest and argue for different methods for assessing the organisational and social work environment as well as mental health connected to this

- plan and argue for primary preventive and secondary preventive efforts based on their own main field of study at the individual, working group and organisation level
- apply relevant international conventions and agreements for the organisational and social work environment.

### **Judgement and approach**

On completion of the course, the students shall demonstrate the ability to

- reflect on ethical issues related to assessment of, and measures for, individuals, working groups and organisations
- evaluate their own and other actors' roles and responsibilities in assessment and measures connected to the organisational and social work environment

### **Course content**

The course has an interprofessional orientation and aims to deepen knowledge and expertise in mental health connected to the organisational and social work environment from a primary and secondary preventive perspective.

- Assessment methods for the organisational and social work environment and mental illness
- International conventions and agreements for the organisational and social work environment
- Primary and secondary preventive measures
- Systematic work environment management
- Ethical aspects in relation to professional roles, assignments and cooperation
- Diversity, gender equality and discrimination

### **Course design**

The course is interprofessional and conducted remotely. The working methods include both an independent project and group assignments. Compulsory attendance is required for seminars and group assignments.

### **Assessment**

The course is examined through the following assessed components:

*Theories of Organisational and Social Work Environment Factors, 1.5 credits:* Written group assignment that contains a literature survey of existing theories for organisational and social work environment factors as well as the relationships between these factors and mental health.

*Assessment and proposal for measures, 5 credits:* Written individual assignment that contains a proposal for relevant assessment instruments, proposals for primary and secondary preventive measures as well as ethical reflections.

*Course portfolio, 1 credit:* Presentation and critical review of another student's assignment and peer review in groups, and attendance at seminars.

If special circumstances apply, other forms of examination may be applied. .

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

## **Grades**

Grading scale includes the grades: Fail, Pass

## **Entry requirements**

The entry requirement is a Degree of Bachelor (180 credits) or equivalent knowledge. A qualification in English, equivalent to English course 6/B from upper-secondary school, is also a requirement.