



Faculty of Medicine

SPSN43, Mental Health Nursing, Psychosocial Interventions, 7.5 credits

*Psykiatrisk omvårdnad, socialpsykiatriska arbetssätt, 7,5
högskolepoäng*

Second Cycle / Avancerad nivå

Details of approval

The syllabus is an old version, approved by The Nursing, Radiography, and Reproductive, Perinatal and Sexual Health Programmes Board on 2018-11-21 and was valid from 2018-11-21, spring semester 2021.

General Information

The course is included that a compulsory course in The Specialist Nursing Programme, specialisation psychiatric care 60 credits, but can also be read as a freestanding course.

Some course components may be in English.

<i>Main field of studies</i>	<i>Depth of study relative to the degree requirements</i>
Nursing	A1N, Second cycle, has only first-cycle course/s as entry requirements
Medicine	A1N, Second cycle, has only first-cycle course/s as entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, students shall be able to

- identify and reflect on the vårdansvar of the psychiatric healthcare and the social services based on the socialtjänstlagen (sun) and the act on special support and service (LSS)
- review availability and range of nursing and psychosocial efforts for individuals with mental disabilities critically

- evaluate how attitudes, biases and discrimination can influence the återhämtningsprocessen of individuals with mental disabilities.

Competence and skills

On completion of the course, students shall be able to

- carry out an empirical work and based on this give an account of availability and range of evidence-based psychosocial efforts orally and in writing directed to mentally funktionsnedsatta,
- based on a holistic perspective assist patients and families with information about support efforts and participate to that the patient obtains his rights in society actively met.

Judgement and approach

On completion of the course, students shall be able to

- from a knowledge-based holistic perspective reflect on the living conditions for individuals affected of mental disabilities,
- take an approach that favours active brukarmedverkan in the care and that counteract stigmatization,
- reflect on own attitudes and approaches to individuals with mental illness from the perspective about human rights and principles about equality.

Course content

The social-psychiatric care organisation

Evidence-based nursing

Constitutions, Regulations

Psychiatric nursing

Psychopedagogical intervention

Rehabilitation

Social proficiency training

Early intervention

Course design

The different working methods include individual work, group work, peer review, skills training, seminars and lectures.

Assessment

All assessment is carried out individually, based on established criteria. One regular exam and two resits are organised for each exam/course component. Students who do not achieve a Pass grade during any of these instances have the opportunity to take additional examinations. A student who has failed an examination twice is entitled to request that another examiner be appointed by the programme director or equivalent.

In the case of a resit, an individual exam may replace a group exam.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

For a pass on the course, the student must have passed all the assessed components.

Entry requirements

- Passed knowledge in Swedish and English that corresponds the requirements for general entry requirements at first cycle level
- Passed courses:
Nursing in Psychiatry/Mental Health I, psychiatric diseases, 15 credits or equivalent
Nursing in Psychiatry/Mental Health II, psychiatric diseases, 15 credits or equivalent

Further information

The courses are carried out in the order they are given.

Subcourses in SPSN43, Mental Health Nursing, Psychosocial Interventions

Applies from V23

- 2301 Advanced Mental Care, 5,0 hp
Grading scale: Fail, Pass
Forms of assessment:
Individual written assignment
Oral individual assignment or in pairs
- 2302 Evidence-Based Methods, 2,5 hp
Grading scale: Fail, Pass
Forms of assessment:
Individual written assignment