



Faculty of Medicine

SPSN40, Mental Health Nursing, Psychosocial Interventions, 7.5 credits

*Psykiatrisk omvårdnad, socialpsykiatriska arbetssätt, 7,5
högskolepoäng*

Second Cycle / Avancerad nivå

Details of approval

The syllabus was approved by The Nursing, Radiography, and Reproductive, Perinatal and Sexual Health Programmes Board on 2018-11-21 to be valid from 2021-01-18, spring semester 2021.

General Information

The course is included as a compulsory course in The Specialist Nursing Programme, specialisation psychiatric care 60 credits. It complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments).

Language of instruction: Swedish

Some course components may be in English.

Main field of studies

Depth of study relative to the degree requirements

Nursing

A1N, Second cycle, has only first-cycle course/s as entry requirements

Medicine

A1N, Second cycle, has only first-cycle course/s as entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, students shall be able to

- based on the reading list explain how selection, diagnostic systems and sjukdomsduration influence incidence, prevalence and sjukdomsrisk in psychiatric epidemiological studies

- explain the aetiology of psychiatric diseases, pathogenesis and diagnostics based on a stress and sårbarhetsperspektiv,
- evaluate and justify nursing theory, psychopharmacological, somatic, psychological and psychosocial treatment principles
- explain relationships between psychosocial factors, abuse, somatic diseases and suicide related to mental illness,
- summarise and justify the application of laws, statutes and safety precautions related to psychiatric care.

Competence and skills

On completion of the course, students shall be able to

- argue for and justify the use of evidence-based psychiatric care and treatment
- based on a holistic perspective on man suggest relevant information about mental illness and its treatment to patients and families.

Judgement and approach

On completion of the course, students shall be able to

- evaluate both vulnerability - and the importance of protective factors for mental health,
- based on an ethical problem argue for and against different nursing actions,
- reflect on theories and methods that are used in psychiatric nursing.

Course content

Epidemiology

Legislation

Psychiatric nursing

Psychopharmacology

Psychological and psychosocial treatment methods

Psychopathology at psychotic diseases, personality disorders

Forensic psychiatry

Comorbidity

Course design

The different working methods include individual work, group work, peer review, skills training, seminars and lectures.

Assessment

All assessment is brought individually based on established criteria. One regular exam and two resits are organised for each exam/course component. Students who do not achieve a Pass grade during any of these instances have the opportunity to take

additional examinations. A student who has failed an examination twice is entitled to request that another examiner be appointed by the programme director or equivalent.

In the case of a resit, an individual exam may replace a group exam.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

For a grade of Pass on the course, the student must pass all assessed exams/components.

Entry requirements

- Swedish professional status qualification as nurse and Degree of Bachelor of Science in Nursing with 180 credits including an individual assignment about 15 credits or equivalent
- Passed knowledge in Swedish and English that corresponds the requirements for general entry requirements at first cycle level

Further information

The courses are carried out in the order they are given.

Subcourses in SPSN40, Mental Health Nursing, Psychosocial Interventions

Applies from H22

2201 Personality Disorders I, 2,0 hp

Grading scale: Fail, Pass

Forms of assessment:

Individual written assignment

2202 Psychotic Disorders, 2,0 hp

Grading scale: Fail, Pass

Forms of assessment:

Individual written assignment

2203 Psychopharmacological Treatment, 2,0 hp

Grading scale: Fail, Pass

Forms of assessment:

Individual written assignment

2204 Nursing in Psychiatric Disorders, 9,0 hp

Grading scale: Fail, Pass

Forms of assessment:

Written individual examination (asynchronous *).

*Implied asynchronous that examination may be done on different times and on different places e.g. a take-home examination. It may be a digital exam