

## **SJSG16, Person-Centred Care in Relation to Mental Illness, 15 credits**

*Personcentrerad vård vid psykisk ohälsa, 15 högskolepoäng*  
**First Cycle / Grundnivå**

---

### **Details of approval**

The syllabus is an old version, approved by The Nursing, Radiography, and Reproductive, Perinatal and Sexual Health Programmes Board on 2016-04-26 and was last revised on 2018-10-17. . The revised syllabus applied from 2018-10-17. , spring semester 2019.

### **General Information**

The course is included as a compulsory component of the Bachelor of Science programme in Nursing comprising 180 credits. It complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments). The course integrates five weeks of theory with five weeks of clinical training .

Some course components may be in English.

*Main field of studies*

Nursing

*Depth of study relative to the degree requirements*

G1N, First cycle, has only upper-secondary level entry requirements

### **Learning outcomes**

#### **Knowledge and understanding**

On completion of the course, the students shall be able to

- describe and explain how mental illness comes to expression in the form of symptoms and signs and how these can influence individuals' daily life
- give an account of psychopharmacological, somatic, psychological and psychosocial nursing efforts at mental illness
- describe and give an account of national guidelines, theories and concepts in psychiatric health care

- compare the contents of the Health and Medical Services Act with act on psychiatric compulsory institutional care based on the concepts participation and integrity.

### **Competence and skills**

On completion of the course, the students shall be able to

- establish full health care relations and communicate with patients, families and members of the patient care team in an educational, empathetic and respectful way
- identify and evaluate an individual's symptoms, signs and care needs critically
- carry out and document all stages of the nursing process under supervision and in dialogue with the patient,
- identify events or situations in the nursing environment that can influence the patient's safety
- present and discuss evidence-based knowledge and knowledge-based care in the area based on scientific articles and nonfiction.

### **Judgement and approach**

On completion of the course, the students shall be able to

- identify attitudes and values vis-à-vis individuals with mental illness
- reflect on the own learning and own need of additional knowledge and development of the professional or vocational competence.

### **Course content**

Anxiety syndromes

Depression syndromes

Schizophrenia

Suicidal conditions

Personality disorders

Substance abuse

Medical and psychosocial care and treatment

Legislation on compulsory psychiatric care

Mental illness from a societal perspective

Process-oriented nursing within psychiatric care

### **Course design**

The different working methods include Individual work, group assignment, peer review, seminars and lectures.

Clinical placement training on average includes 32 hours a week at full-time and can be scheduled during the day, evening or night during all seven days of the week. The clinical placement training includes organised supervision and skills training.

## Assessment

Assessment of clinical placement training is conducted individually based on a standardised form. The examiner may decide to fail a student during ongoing clinical placement training in cases where the student demonstrates such deficiencies with respect to knowledge, proficiency or approach that these lead to an evident risk of damage or injury to individuals or property. An individual plan will be drawn up for the student. Clinical placement training may only be resumed when the student has demonstrated that the deficiencies have been remedied.

A regular clinical placement training opportunity is organised for each placement. Students who fail to pass at the first assessment opportunity will be offered a second clinical placement opportunity with assessment. The number of clinical placement training opportunities is limited to two in total. A student who fails the assessment opportunity twice must discontinue his or her studies.

If a student fails the course's clinical placement training, a new opportunity for clinical placement training must be offered and completed before the clinical placement training of a following course may be commenced. An individual plan will be drawn up for the student.

Theoretical components: One regular exam and two resits are organised for each exam/course component. Students who do not achieve a Pass grade during any of these instances have the opportunity to take additional examinations. A student who has failed two examinations can. In the case of a resit, an individual exam may replace a group exam.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## Grades

Marking scale: Fail, Pass.

For a pass on the course, the student must have passed all the assessed components.

## Entry requirements

General and courses corresponding to the following Swedish Upper Secondary School Programs: Mathematics 2, Science 2, and Social Studies 1b/1a1+1a2. (Biology 1+Chemistry 1+Physics 1a/1b1+1b2 equals Science 1+2)

## Further information

To be admitted to the course, students must satisfy the general admission requirements (see programme syllabus).

To be allowed to commence the clinical training of the course, the student must have passed the previous

clinical training component/course.

The courses are to be studied in the order they are offered.

## Subcourses in SJSG16, Person-Centred Care in Relation to Mental Illness

Applies from V19

- 1801 Mental Illness, Care and Treatment, 5,5 hp  
Grading scale: Fail, Pass  
Individual written invigilated exam.
- 1802 The Patient's Needs in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass  
Oral presentation of written assignment in groups (in pairs) with individual assessment.  
The written assignment should be submitted, before the oral presentation can be carried out.
- 1803 Nursing in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass  
Oral individual presentation of written individual written assignment.  
The written assignment should be submitted, before the oral presentation can be carried out.
- 1804 Mental Care, 7,5 hp  
Grading scale: Fail, Pass  
Individual assessment according to established criteria (standardised form) in clinical training with oral review.

Applies from H16

- 1601 Mental Illness, Care and Treatment, 5,5 hp  
Grading scale: Fail, Pass  
Individual written invigilated exam.
- 1602 The Patient's Needs in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass  
Oral individual presentation of written individual written assignment.  
The written assignment should be submitted, before the oral presentation can be carried out.
- 1603 Nursing in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass  
Oral individual presentation of written individual written assignment.  
The written assignment should be submitted, before the oral presentation can be carried out.
- 1604 Mental Care, 7,5 hp  
Grading scale: Fail, Pass  
Individual assessment according to established criteria (standardised form) in clinical training with oral review.