



**LUND**  
UNIVERSITY

Faculty of Medicine

## **SJSB44, Health and Ill Health from a Life Cycle Perspective, 18.5 credits**

*Hälsa och ohälsa i ett livscykelperspektiv, 18,5 högskolepoäng*  
**First Cycle / Grundnivå**

---

### **Details of approval**

The syllabus is an old version, approved by The Nursing, Radiography, and Reproductive, Perinatal and Sexual Health Programmes Board on 2020-10-28 and was valid from 2020-10-28, spring semester 2021.

### **General Information**

The course is included as a compulsory component in the Nursing Programme (180 credits) and complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments). The course integrates theory with five weeks of clinical training (VFU).

Some course components may be in English.

*Main field of studies*

Nursing

*Depth of study relative to the degree requirements*

G1N, First cycle, has only upper-secondary level entry requirements

### **Learning outcomes**

#### **Knowledge and understanding**

On completion of the course, students shall be able to

- give an account of normal pregnancy and labour
- give an account of reproductive and sexual health with respect to abortion, contraception and sexually transferable diseases
- explain factors of importance for children's normal development and growth
- explain factors of importance for children's health and ill-health
- give an account of common problems and symptoms among otherwise healthy children and suggest relevant nursing actions
- justify disease prevention measures in accordance with relevant regulatory documents

- explain the importance of lifestyle habits for adults' health and ill-health
- give an account of relevant statutes regarding a nurse's legal duty to report
- describe theories in gerontology
- describe the normal physiological and psychosocial aging process
- give an account of common diseases and health problems of the elderly and justify preventive and treatment measures.

### **Competence and skills**

On completion of the course, students shall be able to

- participate in disease prevention and treatment in accordance with the different stages of the nursing process
- independently communicate and interact with adult and elderly individuals based on a professional approach
- apply a professional approach, cooperation, thoroughness and judgement in nursing procedures
- identify signs of mental illness and support and guide people who show such signs to appropriate care.

### **Judgement and approach**

On completion of the course, students shall be able to

- reflect on ethical principles in connection with disease prevention and health promotion
- reflect on grief and grieving processes in connection with the end of life
- reflect on how violence in close relationships can be a problem at the individual and societal levels.

### **Course content**

Health promotion and disease prevention

Children's development and growth

Sexual and reproductive health

Gerontology

Geriatric care

A nurse's legal duty to report

Ethics

Clinical training in primary healthcare

Violence in close relationships

Signs of mental illness

Professional development

### **Course design**

The different working methods include Individual work, group assignments, proficiency training, seminars and lectures.

Absence from compulsory learning activities can be compensated for by other learning activities.

The course is full-time for 40 hours per week, of which clinical training (VFU)

constitutes an average of 32 hours with compulsory attendance. Clinical training may be scheduled during the day, evening or night on all seven days of the week. Clinical training includes organised supervision and skills training.

## Assessment

Assessment of clinical training is conducted individually based on a standardised formula. The examiner may decide to fail a student during ongoing clinical training in cases where the student demonstrates such deficiencies with respect to knowledge, proficiency or approach that these lead to an evident risk of damage or injury to individuals or property. An individual plan will be drawn up for the student. Clinical training may only be resumed when the student has demonstrated that the deficiencies have been remedied.

A regular clinical placement opportunity is organised for each student undergoing clinical training. Students who fail to pass at the first assessment opportunity will be offered a second placement opportunity for clinical training with assessment. The number of placement opportunities for clinical training is limited to two in total. A student who fails the assessment opportunity twice is given no further placement opportunity for clinical training with assessment.

If a student fails the course's placement opportunity for clinical training, a new placement opportunity for clinical training must be offered and completed before the next clinical training course component may be commenced. An individual study plan will be drawn up for the student.

Theoretical components: All assessment is carried out individually, based on established criteria. One regular exam and two resits are organised for each exam/course component. Students who do not achieve a Pass grade in any of these instances have the opportunity to take additional examinations. Students who fail in two examination sessions can request a change of examiner.

In the case of a resit, an individual exam may replace a group exam.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## Grades

Marking scale: Fail, Pass.

Passing the course requires that all tests/components are passed and all compulsory learning activities are completed.

## Entry requirements

General and courses corresponding to the following Swedish Upper Secondary School Programs: Mathematics 2, Science 2, and Social Studies 1b/1a1+1a2. (Biology 1+Chemistry 1+Physics 1a/1b1+1b2 equals Science 1+2)

## Further information

The courses are carried out in the order they are given.

### *Transition provisions*

Passed tests/components in SJSG14 Health and Ill-Health from a Life-Cycle Perspective (19 credits), VGSSK, Nursing Programme, have equivalent content and can, after granted application, be included for credit transfer according to below:

- 1801 Reproductive and Sexual Health, 1 credit  
(corresponds to SJSB44 2001 Reproductive and Sexual Health, 1 credit)
- 1802 Children's Health and Ill-Health, 2 credits  
(corresponds to SJSB44 2002 Children's Health and Ill-Health, 2.0 credits)
- 1803 Adults' Health and Ill-Health, 3.5 credits  
(corresponds to SJSB44 2003 Adults' Health and Ill-Health, 3 credits)
- 1804 Elderly Health and Ill-Health, 5.0 credits  
(corresponds to SJSB44 2004 Elderly Health and Ill-Health, 4.5 credits)
- 1805 Primary, Maternal and Pediatric Healthcare, 7.5 credits  
(corresponds to SJSB44 2005 Primary, Maternal and Pediatric Healthcare, 7.5 credits)

Passed test/components in SJSE13, Profession, Ethics and Supervision I (2 credits), VGSSK, Nursing Programme can, after granted application, be included for credit transfer according to below:

- 1806 Profession, Ethics and Supervision I:2, (1 credit) and completed compulsory learning activity, first-aid for mental health, in SJSB44 2006  
(corresponds to SJSB44 2006 Professional Development II, 0.5 credits)

## Subcourses in SJSB44, Health and Ill Health from a Life Cycle Perspective

Applies from H22

- 2201 Reproductive and Sexual Health, 1,0 hp  
Grading scale: Fail, Pass
- 2202 Pediatric Health and Ill-Health, 2,0 hp  
Grading scale: Fail, Pass
- 2203 Health and Ill-Health in Adults, 3,0 hp  
Grading scale: Fail, Pass
- 2204 Health and Ill-Health in the Elderly, 4,5 hp  
Grading scale: Fail, Pass
- 2205 Primary, Maternal and Pediatric Health Care, 7,5 hp  
Grading scale: Fail, Pass
- 2206 Professional Development II, 0,5 hp  
Grading scale: Fail, Pass

Applies from V21

- 2101 Reproductive and Sexual Health, 1,0 hp  
Grading scale: Fail, Pass  
*Examination format:*  
Individual written examination (synchronous\*)
- 2102 Pediatric Health and Ill-Health, 2,0 hp  
Grading scale: Fail, Pass  
*Examination format:*  
Individual written examination (synchronous\*)
- 2103 Health and Ill-Health in Adults, 3,0 hp  
Grading scale: Fail, Pass  
*Examination format:*  
Individual written assignment  
*Compulsory learning activity:*  
Health promotion (seminar)
- 2104 Health and Ill-Health in the Elderly, 4,5 hp  
Grading scale: Fail, Pass  
*Examination format:*  
  
Individual written examination (synchronous\*)  
  
*Compulsory learning activity:*  
Grief and the grieving process (seminar)
- 2105 Primary, Maternal and Pediatric Health Care, 7,5 hp  
Grading scale: Fail, Pass  
*Examination format:*  
Oral individual overview of clinical training
- 2106 Professional Development II, 0,5 hp  
Grading scale: Fail, Pass  
*Examination format:*

Written individual assignment.

*Compulsory learning activity:*

First-aid for mental health

\*Synchronous means that all students are present at the same time, possibly in the same place – an invigilated exam, for example. The exam may be in a digital format