

SBMP17, Maternal Care, Complicated Prenatal Care, Close Relationships and Family Planning, Clinical Training, 9 credits

Mödranhälsövård, komplicerad prenatal vård samt samlevnad och familjeplanering, fördjupning, verksamhetsförlagd utbildning, 9 högskolepoäng

Second Cycle / Avancerad nivå

Details of approval

The syllabus was approved by Board of Health Sciences Education on 2013-04-18 to be valid from 2014-01-20, spring semester 2014.

General Information

The course is a compulsory clinical training component of the Postgraduate Diploma programme in Midwifery (90 credits). It complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments).

Language of instruction: Swedish
Some components may be in English.

Main field of studies

Reproductive, Perinatal and Sexual Health

Depth of study relative to the degree requirements

A1F, Second cycle, has second-cycle course/s as entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, the students shall demonstrate specialised knowledge

- of the field of antenatal and postnatal care, contraception and the activities of youth family planning clinics

- of critical reflection on existing procedures
- for discussions of reproductive and maternity care, and sexual health in a global perspective and with regard to human rights
- of the connection between science and proven experience and the significance of this connection for professional practice
- of planning, leading and coordinating nursing care

Competence and skills

On completion of the course, the students shall, with specialised ability and independently, be able to

- during the provision of contraceptive advice and family planning, take the required medical history, check the woman's gynaecological status, her general physical and mental health and take into account her psychosocial environment
- provide information about contraceptives in accordance with the regulations of the National Board of Health and Welfare and the Medical Products Agency
- insert intrauterine contraception and contraceptive implants, and fit a diaphragm
- prescribe drugs for the purposes of birth control
- identify the need of individual support in issues concerning sexual assault and violence towards women, and assess whether the woman should be referred to other experts
- provide information and advice for menopausal symptoms and incontinence problems
- assess the need of, and provide information, during, gynaecological examination, gynaecological infections and, where necessary, STI testing
- prepare and support parents-to-be during the development phases of pregnancy and ahead of parenthood, and plan and carry out parental training in groups
- identify physical, mental and social health risks in parents-to-be, and assess which preventive measures need to be undertaken
- provide information about different prenatal diagnosis methods
- identify complications in early pregnancy
- use established methods to monitor the development of the foetus and the pregnancy
- observe complications
- carry out follow-up examination during the puerperal stage
- respond to the special needs of young people in maternal care
- respond to the special needs of immigrant women in maternal care
- manage the woman and her partner during crisis situations
- document patient data in medical records according to statutory requirements

Judgement and approach

On completion of the course, the students shall demonstrate a specialised ability to

- to understand other cultures, refugees and immigrants, in particular in connection with maternity care

- adopting an ethical approach, demonstrate self-awareness and empathy in the encounter with the woman and her partner
- identify the personal need of further knowledge, and undertake ongoing development of their skills
- cooperate and communicate cultural aspects and approaches

Course content

Information and advice in reproductive, perinatal and sexual health, from a cultural and life cycle perspective

Gynaecological examination

Sexuality and sexual relationships

Contraceptive advice, methods and prescription rights (at least 30 hours)

Preventive maternal care, above all in complicated pregnancies

Medical complications during pregnancy

Parental training

Follow-up examination during the puerperal stage

Health education

Women's life situations and childbirth from a cultural perspective

Reproductive, perinatal and sexual health in a global perspective

The life situations of young people

The life situations and childbirth of immigrant women

Demeanour in crisis situations

Documentation and quality development

Statutes, regulations and other rules applying to the specialist field

Course design

The teaching and learning activities are designed so as to enable students to develop a specialised understanding and are characterised by an active search for knowledge, problem solving, reflection and critical analysis. Among the work methods used are independent study, group work, peer review, skills training, seminars and lectures. Absence from compulsory learning activities may require alternative learning activities.

Clinical training comprises 32 hours a week on average and may take place all times of the day all days of the week. It includes organised supervision and skills training.

Assessment

Clinical training is assessed individually and in accordance with a standardised form. One opportunity for clinical training is arranged for each time the course is offered. Students who fail to pass at the first opportunity will be offered a second opportunity for clinical training. There are only two opportunities for clinical training. A student who fails the clinical training twice must discontinue his or her studies.

Students who interrupt their clinical training prematurely, i. e. when 40 percent or more of the total course period has elapsed, shall be graded (Pass/Fail) and will have lost an opportunity for clinical training. Interruption/examination of clinical training may take place earlier if the student commits serious errors during clinical training because of gaps in knowledge or skill. An individual plan will be drawn up for the student. Clinical training may only be resumed when the student has demonstrated that the shortcomings have been remedied.

Theoretical components: One examination and two opportunities to retake the examination are arranged for each assessed component. Students who do not achieve a pass on any of these occasions will be able to retake the examination on a later occasion. There are six opportunities for re-examination of each assessed component. A student who has failed an examination six times must discontinue his or her studies. A student who has failed an examination on a course twice is entitled to request that another examiner be appointed by the programme director.

At re-examination, individual examination may replace group examination.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

For a pass on the course, the student must have passed all the assessed components.

Entry requirements

- Registered nurse and a degree in nursing comprising at least 180 credits including a degree project of 15 credits or the equivalent
- Professional experience equivalent to one year's work as a registered nurse in somatic care.
- Passed courses:
 - Reproductive, Perinatal and Sexual Health Focusing on Pregnancy and Family Planning, 9 credits, 9 credits or the equivalent
 - Women's Health, Antenatal Care and Family Planning, Clinical Training, second cycle, 6 credits or the equivalent
 - Gynaecological Health and Ill-Health, 6, credits or the equivalent
 - Delivery, Postnatal and Neonatal Care, 9 credits or the equivalent
 - Delivery, Postnatal and Neonatal Care, Clinical Training, 15 credits or the equivalent
 - Delivery, specialisation, clinical training, 7.5 credits or the equivalent

The courses are to be studied in the order they are offered.

Subcourses in SBMP17, Maternal Care, Complicated Prenatal Care, Close Relationships and Family Planning, Clinical Training

Applies from H14

- 1301 Women's and Maternal Health. Clinical Training, 2,5 hp
Grading scale: Fail, Pass
- 1302 Reproductive and Sexual Health (Contraception), 1,5 hp
Grading scale: Fail, Pass
- 1303 Specialist Antenatal Care, Clinical Training, 3,0 hp
Grading scale: Fail, Pass
- 1304 Reproductive and Sexual Health (Youth Clinic), 1,5 hp
Grading scale: Fail, Pass
- 1305 Reproductive Health from a Global Perspective, 0,5 hp
Grading scale: Fail, Pass
- 1306 Nursing Supervision, 0,0 hp
Grading scale: Fail, Pass