



Faculty of Social Sciences

## PSYF70, Psychology: Development in Adults, 7.5 credits

*Psykologi: Utveckling hos vuxna, 7,5 högskolepoäng*

First Cycle / Grundnivå

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### Details of approval

The syllabus was approved by the board of the Department of Psychology on 2023-11-14. The syllabus comes into effect 2023-11-14 and is valid from the autumn semester 2024.

### General information

The course is offered as a freestanding course.

*Language of instruction:* English

*Main field of study*

*Specialisation*

Psychology

G1N, First cycle, has only upper-secondary level entry requirements

### Learning outcomes

On completion of the course, the student shall be able to demonstrate

#### Knowledge and understanding

- understanding of the biological, cognitive, emotional and social development of adults and the elderly
- understanding of how the local environment of adults and the elderly and the surrounding community have an impact on their development
- knowledge of stress and stress management from a life-span perspective
- knowledge of the research methods used in developmental psychology, as well as be able to account for the advantages, disadvantages and application areas of these methods

## Competence and skills

- ability to identify, formulate, analyse and solve problems linked to the field of development psychology
- ability to systematically plan, perform and report observations of the elderly
- ability to communicate knowledge about developmental psychology to different audiences
- ability to search for scientific information in development psychology

## Judgement and approach

- ability to identify and reflect on relevant factors of social development psychology, such as gender, class and ethnicity
- ability to critically evaluate scientific information in development psychology

## Course content

The course deals with development during adulthood and the ageing process based on theories of developmental, personality and social psychology. Different aspects of ageing are addressed, such as stress, mental and physical health and ill health.

## Course design

The teaching consists of lectures, exercises and seminars. Some of the group exercises and seminars are compulsory. Unless there are valid reasons to the contrary, participation is compulsory. Students who have been unable to participate due to circumstances such as accidents or sudden illness will be offered the opportunity to compensate for or re-take compulsory components. This also applies to students who have been absent because of duties as an elected student representative.

## Assessment

The assessment is based on written exams, exercises and seminars. Active participation is required for a Pass on the group exercises and seminars. Three opportunities for examination are offered in conjunction with the course: a first examination and two re-examinations. Two further re-examinations on the same course content are offered within a year of the end of the course. After this, further re-examination opportunities are offered but in accordance with the current course syllabus.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

## Grades

Grading scale includes the grades: Fail, Pass, Pass with distinction  
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compulsory teaching components are Pass or Fail. For the grade of Pass, the student must show acceptable results. For the grade of Fail, the student has shown unacceptable results.

To receive the grade of Pass for the whole course, at least the grade of Pass is required in all modules and components. To receive the grade of Pass with Distinction for the whole course, the grade of Pass with Distinction is required in a majority of the total credits for the course based on the modules/components that can apply the grades Fail/Pass/Pass with Distinction. At the start of the course, students are informed about the learning outcomes stated in the syllabus and the grading scale, and how it is applied in the course

### **Entry requirements**

General requirements and studies equivalent of courses Social Studies 1b or 1a1+1a2 from Swedish Upper Secondary School.