



Faculty of Social Sciences

PSYD62, Psychology: Personality- and Development Psychology, 30 credits

Psykologi: Personlighets- och utvecklingspsykologi, 30 högskolepoäng
First Cycle / Grundnivå

Details of approval

The syllabus is an old version, approved by the board of the Department of Psychology on 2015-06-02 and was last revised on 2015-06-02. . The revised syllabus applied from 2017-01-16. , spring semester 2017.

General Information

The course is offered as a freestanding course.

Language of instruction: Swedish

Main field of studies

Psychology

Depth of study relative to the degree requirements

G1N, First cycle, has only upper-secondary level entry requirements

Learning outcomes

On completion of the course, the student shall be able to demonstrate

Knowledge and understanding

- understanding of the biological, cognitive, emotional and social development of children, adolescents, adults and the elderly
- understanding of how the local environment of children and adolescents and the surrounding community have an impact on their development
- knowledge of different personality theories and how the theories can be used to explain individual differences in thought, emotion and behaviour
- knowledge of stress and stress management from a life-span perspective

- knowledge of the research methods used in personality and developmental psychology, as well as be able to account for the advantages, disadvantages and application areas of these methods

Competence and skills

- ability to identify, formulate, analyse and solve problems linked to the field of personality and development psychology
- ability to systematically plan, perform and report observations of children
- ability to estimate, analyse and describe individual differences through psychological personality testing
- ability to communicate knowledge about personality and developmental psychology to different audiences
- ability to seek research information in personality and development psychology

Judgement and approach

- ability to identify and reflect on relevant factors of social development psychology, such as gender, class and ethnicity
- ability to critically evaluate research information in personality and development psychology

Course content

The course enables students to obtain knowledge of human psychological development from childhood to old age, and of methods used in research in development psychology. It describes theoretical perspectives on personality and related fields of application.

The course consists of four modules:

Module 1: Child psychology (7.5 credits).

In this module, students will study the psychological and biological development during childhood and how this development is affected by genetic factors and

different living conditions. Some of the topics addressed are self-regulation, emotional attachment, social understanding and friendship. Furthermore, the module covers the research methods used to generate knowledge of child development.

Module 2: Youth psychology (7.5 credits).

In this module, students will study the psychological and biological development during adolescence and its relation to the surrounding environment. In view of the changed patterns of interaction within and outside the family, the studies will also include the ability of the teenager to face challenges and stress factors, such as increased demands for independence and personal views.

Module 3: Individual differences from various theoretical perspectives (7.5 credits).

The module deals with the individual differences and different personality functions of adult individuals, which are viewed from different theoretical perspectives. The theories are presented together with a critical review of methods, testing and fields of application.

Module 4: The psychology of ageing in a life-span perspective (7.5 credits).

The module deals with the ageing process from middle age, based on theories of development, personality and social psychology. Different aspects of ageing are

addressed, such as stress, mental and physical health and ill health.

Course design

The teaching consists of lectures, exercises and seminars. The group exercises and seminars are compulsory. Unless there are valid reasons to the contrary, participation is compulsory. Students who have been unable to participate due to circumstances such as accidents or sudden illness will be offered the opportunity to compensate for or re-take compulsory components. This also applies to students who have been absent because of duties as an elected student representative.

Assessment

The assessment is based on written exams, exercises and seminars. Active participation is required for a Pass on the group exercises and seminars. Three opportunities for examination are offered in conjunction with the course: a first examination and two re-examinations. Two further re-examinations on the same course content are offered within a year of the end of the course. After this, further re-examination opportunities are offered but in accordance with the current course syllabus.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, E, D, C, B, A.

The highest grade is A and the lowest passing grade is E. The grade for a non-passing result is Fail. The student's performance is assessed with reference to the learning outcomes of the course. For the grade of E the student must show acceptable results. For the grade of D the student must show satisfactory results. For the grade of C the student must show good results. For the grade of B the student must show very good results. For the grade of A the student must show excellent results. For the grade of Fail the student must have shown unacceptable results.

Group exercises/empirical application exercises are exempted from the grading scale above. The grades awarded for these components are Pass or Fail. For the grade of Pass, the student must show acceptable results. For the grade of Fail the student must have shown unacceptable results.

The final grade on the course is based on a weighting of the grades on the modules in which an average is calculated for the modules with differentiated grades (in which A=5, B=4, C=3, D=2 and E=1). For a Pass (at least the grade of E) on the whole course, the student must have been awarded at least an E on all graded components and a Pass on all compulsory components.

Entry requirements

General and courses corresponding to the following Swedish Upper Secondary School Programs: Social Studies 1b/1a1 + 1a2

Subcourses in PSYD62, Psychology: Personality- and Development Psychology

Applies from V19

- 1509 Child Psychology, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1510 Seminars Child Psychology, 0,0 hp
Grading scale: Fail, Pass
- 1511 Youth Psychology, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1512 Seminars Youth Psychology, 0,0 hp
Grading scale: Fail, Pass
- 1513 Personality Psychology, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1514 Seminars Personality Psychology, 0,0 hp
Grading scale: Fail, Pass
- 1515 Psychology of Ageing, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1516 Seminars Psychology of Ageing, 0,0 hp
Grading scale: Fail, Pass

Applies from V16

- 1501 Child Psychology, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1502 Seminars Child Psychology, 0,0 hp
Grading scale: Fail, Pass
- 1503 Youth Psychology, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1504 Seminar Youth Psychology, 0,0 hp
Grading scale: Fail, Pass
- 1505 Theoretical Perspectives on Individual Differences, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1506 Seminars Individual Differences, 0,0 hp
Grading scale: Fail, Pass
- 1507 Psychology of ageing, 7,5 hp
Grading scale: Fail, E, D, C, B, A
- 1508 Seminars Psychology of Ageing, 0,0 hp
Grading scale: Fail, Pass