



**LUND**  
UNIVERSITY

Faculty of Medicine

---

**MPHP27, Public Health: Health Promotion, 7.5 credits**  
*Folkhälsovetenskap: Hälsofrämjande arbete, 7,5 högskolepoäng*  
Second Cycle / Avancerad nivå

---

### Details of approval

The syllabus was approved by The Master's Programmes Board on 2019-05-15 and was last revised on 2020-02-11. The revised syllabus applies from 2020-02-12, spring semester 2020.

### General Information

The course is a compulsory component of the Master (120 credits) of Medical Science programme in Public Health

*Language of instruction:* English

*Main field of studies*

Public Health Science

*Depth of study relative to the degree requirements*

A1N, Second cycle, has only first-cycle course/s as entry requirements

### Learning outcomes

#### Knowledge and understanding

On completion of the course, the students shall be able to

- explain how health promotion relates conceptually to disease prevention
- explain the basic theories of health promotion
- explain different strategies and phases in health promotion as well as their implementation and interaction at the levels of individuals and societies

#### Competence and skills

On completion of the course, the students shall be able to

- analyse and reflect on the theories and strategies used within the area
- discern and assess problems within the area and suggest solutions to them

- plan, execute and evaluate a health promotion initiative

### **Judgement and approach**

On completion of the course, the students shall be able to

- identify and apply ethical principles and guidelines within health promotion and pursue a critical discussion of them both in relation to conducting research and practice,
- reflect on and self-critically analyse their own health promotion project work

### **Course content**

The course provides students with increased knowledge and understanding of health promotion through basic theories and strategies for it. The course will also provide an increased understanding of the challenges of practical health promotion work through teaching of theoretical approaches to how individuals and communities go through processes of change, communication skills and evaluation methods. The teaching consists of a number of lectures on the above-mentioned topics, but also in-depth seminars, and guest lectures given by health promotion practitioners. The students continuously reflect on these modules throughout the course and summarise this at the end of the course in a report. In addition, the students will work on an individual project that includes the planning, implementation, and evaluation of a health promotion activity aimed at individuals.

### **Course design**

The teaching consists of lectures, seminars and group assignments. Compulsory attendance is required in seminars and group assignments.

### **Assessment**

The assessment is based on two different components - an individual written assignment (4.5 credits) and a course portfolio (3 credits).

The individual written assignment consists of planning, implementing and evaluating a health promotion initiative. The work is to be presented orally at a seminar.

The course portfolio consists of active participation in seminars on theoretical and practical applications of health promotion and the reflections of these modules summarised in a final group report. In addition, the participants will present their individual assignments orally and critically assess a fellow student's assignment in an oral opposition.

If there are special reasons, other examination formats can be applied.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## **Grades**

Marking scale: Fail, Pass, Pass with distinction.

For a grade of Pass, students must have passed all the assessed components. For a grade of Pass with Distinction, students must satisfy the requirements for a grade of Pass with Distinction on the individual written assignment.

## **Entry requirements**

To be admitted to the course, students must have a Bachelor's degree or the equivalent. Specific entry requirement: English B from Swedish upper secondary school or the equivalent.

## Subcourses in MPHP27, Public Health: Health Promotion

Applies from V20

- 2001 Individual Written Assignment, 4,5 hp  
Grading scale: Fail, Pass, Pass with distinction
- 2002 Course Portfolio, 3,0 hp  
Grading scale: Fail, Pass