



Faculty of Medicine

MPHP18, Public Health: Health Promotion, 10 credits

Folkhälsovetenskap: Hälsofrämjande arbete, 10 högskolepoäng
Second Cycle / Avancerad nivå

Details of approval

The syllabus was approved by The Master's Programmes Board on 2017-04-04 to be valid from 2017-04-05, spring semester 2017.

General Information

The course is a compulsory component of the Master (120 credits) of Medical Science programme in Public Health

Language of instruction: English

Main field of studies

Public Health Science

Depth of study relative to the degree requirements

A1N, Second cycle, has only first-cycle course/s as entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, the students shall be able to

- explain how health promotion work relates to other initiatives to prevent illness
- explain the basic theories of health promotion work
- explain different strategies and phases in health promotion work as well as their implementation and interaction at the levels of individuals and societies

Competence and skills

On completion of the course, the students shall be able to

- analyse and reflect on the theories and strategies used within the area
- discern and assess problems within the area and suggest solutions to them
- present, support, discuss and draw conclusions from published research and studies in the area in speech and writing
- plan, execute and evaluate a health promotion initiative

Judgement and approach

On completion of the course, the students shall be able to

- identify and apply ethical principles and guidelines within the area in relation both to conducting research and practical applications, and pursue a critical discussion of them
- reflect on and self-critically analyse their own health promotion project work

Course content

The course provides students with increased knowledge and understanding of health promotion work through basic theories and strategies for it. The course will also provide an increased understanding of the challenges of practical health promotion work through teaching of theoretical approaches, communicative skills and evaluation methods.

Course design

The teaching consists of lectures, seminars and group assignments. Compulsory attendance is required in seminars and group assignments.

The lectures and seminars are complemented with a group assignment. The group assignment consists of two parts: planning, implementing and evaluating a health promotion initiative included in the timetable, but also executing an initiative that has been planned by someone else outside the timetable. The work is to be presented orally at a seminar.

Assessment

The assessment is based on three different components- an individual written exam with multiple-choice questions (1.5 credits), an individual take-home exam (4.5 credits) and a course portfolio (4 credits).

The written exam is executed electronically.

The take-home exam is used to assess the student's understanding and ability to apply in practice different theories in the area of health promotion work based on a given scenario.

The course portfolio consists of the following parts: seminars on theoretical aspects of health promotion work, inter-cultural communication and evaluation methods; a presentation skills seminar in which the students execute a short assessed oral presentation; a group assignment in which the students participate actively by contributing to the planning, implementation, evaluation and presentation of the assignment; peer review of a group assignment in which each individual student provides anonymous feedback on another group assignment.

If there are special reasons, other examination formats can be applied.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass, Pass with distinction.

For a grade of Pass, students must have passed all the assessed components. For a grade of Pass with Distinction, students must satisfy the requirements for a grade of Pass with Distinction based on the combined average of the written exam and take-home exam.

Entry requirements

To be admitted to the course, students must have a Bachelor's degree or the equivalent. Specific entry requirement: English B from Swedish upper secondary school or the equivalent.

Subcourses in MPHP18, Public Health: Health Promotion

Applies from V17

- 1701 Individual Written Exam, 1,5 hp
Grading scale: Fail, Pass, Pass with distinction
- 1702 Individual Take Home Exam, 4,5 hp
Grading scale: Fail, Pass, Pass with distinction
- 1703 Course Portfolio, 4,0 hp
Grading scale: Fail, Pass