

## MEVN51, Rehabilitation Methodology, 7.5 credits

### *Rehabiliteringsmetodik, 7,5 högskolepoäng*

#### Second Cycle / Avancerad nivå

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### Details of approval

The syllabus is an old version, approved by The Master's Programmes Board on 2021-02-02 and was valid from 2021-02-03, autumn semester 2021.

### General Information

The course is intended for individuals who are clinically active in rehabilitation or with an interest in rehabilitation within healthcare or municipalities. Individuals active in other fields or public authorities in society with a connection to rehabilitation may also participate in the course. The course should lead to a broadening and specialisation of theoretical and practical knowledge and skills in modern rehabilitation.

<i>Main field of studies</i>	<i>Depth of study relative to the degree requirements</i>
Speech and Language Pathology	A1N, Second cycle, has only first-cycle course/s as entry requirements
Occupational Therapy	A1N, Second cycle, has only first-cycle course/s as entry requirements
Psychology	A1N, Second cycle, has only first-cycle course/s as entry requirements
Audiology	A1N, Second cycle, has only first-cycle course/s as entry requirements
Physiotherapy	A1N, Second cycle, has only first-cycle course/s as entry requirements
Nursing	A1N, Second cycle, has only first-cycle course/s as entry requirements
Medicine	A1N, Second cycle, has only first-cycle course/s as entry requirements
Social Work	A1N, Second cycle, has only first-cycle course/s as entry requirements

## Learning outcomes

### Knowledge and understanding

On completion of the course, the students shall be able to

- Analyse the concepts and different parts of the rehabilitation process as well as the WHO's classification of functioning, disability and health (ICF)
- Discuss the content and structure of the rehabilitation plan and its importance in creating a goal-oriented rehabilitation process
- Compare different types of team and teamwork in rehabilitation
- Discuss goal setting and evaluation of rehabilitation interventions
- Analyse the importance of culture and communication in rehabilitation
- Explain and analyse how to implement change management in a rehabilitation team

### Competence and skills

On completion of the course, the students shall be able to

- Apply knowledge of the rehabilitation process, its different parts as well as teamwork and goal setting, culture and communication
- Design a rehabilitation plan and motivate its contents and structure
- Review and assess the structure and content of an ICF-based rehabilitation plan
- Apply the principles of measurement and evaluation in rehabilitation and analyse different evaluation methods and outcome measurements
- Plan and argue for the structure of change management in a rehabilitation team

### Judgement and approach

On completion of the course, the students shall be able to

- Reflect on and evaluate key concepts and their importance in the rehabilitation process
- Reflect on and problematise their own social and cultural background and approach, and how it influences the work of a rehabilitation team

### Course content

The course has an interprofessional focus involving broadening and specialisation in the respective main field of study. The course covers the following elements:

- Concept, definitions and different parts of a rehabilitation process
- The UN's global sustainable development goals and the connection with rehabilitation
- The WHO's classification of functioning, disability and health (ICF)
- Ethical considerations in rehabilitation
- The use of ICF in the rehabilitation process
- The rehabilitation plan as a basis for the goal-oriented rehabilitation interventions
- Goal setting in rehabilitation, definitions, working methods and challenges
- Teamwork in rehabilitation, structure, working methods and challenges
- Measurement and evaluation in rehabilitation
- Communication and culture in rehabilitation and its importance for teamwork and goal setting
- How to implement change management in a rehabilitation team

## Course design

The course is conducted in Swedish and is interprofessional. It is conducted digitally and mainly through learning activities such as lectures, seminars and interprofessional workshops, as well as an independent project and group assignments. Activities requiring compulsory attendance are indicated in the timetable.

## Assessment

The course is assessed through three components:

1. Design a rehabilitation plan, 2 credits: Interprofessional reasoning based on case study and individual oral presentation.
2. Plan and implement change management, 4 credits: Design a plan for how change management regarding rehabilitation methods can be carried out. Written report and poster presentation.
3. Portfolio, 1.5 credits: Active attendance and completion of the compulsory components of the course.

If there are special reasons, other forms of examination may apply.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## Grades

Marking scale: Fail, Pass.

For the grade of Pass, the participant/student is to have obtained the grade of Pass for all three assessed components.

## Entry requirements

Degree of Bachelor from programmes in occupational therapy, audiology, physiotherapy, speech therapy, medicine, psychology, nursing, social work (at least 180 credits).

## Subcourses in MEVN51, Rehabilitation Methodology

Applies from H21

- 2101 Design a rehabilitation plan, 2,0 hp  
Grading scale: Fail, Pass
- 2102 Plan and implement change management, 4,0 hp  
Grading scale: Fail, Pass
- 2103 Portfolio, 1,5 hp  
Grading scale: Fail, Pass