



**LUND**  
UNIVERSITY

Faculty of Medicine

## **MEVN46, Medical Science: Health and Health Promotion, 7.5 credits**

*Medicinsk vetenskap: Hälsa och hälsopromotion, 7,5 högskolepoäng*  
**Second Cycle / Avancerad nivå**

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### **Details of approval**

The syllabus was approved by The Master's Programmes Board on 2020-02-11 to be valid from 2020-02-12, autumn semester 2020.

### **General Information**

The course is included in the Master of Medical Science (120 credits) programme.

*Language of instruction:* English

*Main field of studies*

*Depth of study relative to the degree requirements*

Nursing

A1N, Second cycle, has only first-cycle course/s as entry requirements

Radiography

A1N, Second cycle, has only first-cycle course/s as entry requirements

Occupational Therapy

A1N, Second cycle, has only first-cycle course/s as entry requirements

Reproductive, Perinatal and Sexual Health

A1N, Second cycle, has only first-cycle course/s as entry requirements

Physiotherapy

A1N, Second cycle, has only first-cycle course/s as entry requirements

Audiology

A1N, Second cycle, has only first-cycle course/s as entry requirements

Speech and Language Pathology

A1N, Second cycle, has only first-cycle course/s as entry requirements

### **Learning outcomes**

## **Knowledge and understanding**

On completion of the course, the students shall be able to

- account for theories and models to describe and explain health and illness at the levels of individuals, groups and societies from a national and global perspective
- explain different concepts and aspects of health from a global perspective
- explain the concept of health promotion and account for basic theories and models in health promotion work
- explain and discuss the UN sustainable development goals and sustainable development from a health promotion perspective

## **Competence and skills**

On completion of the course, the students shall be able to

- plan and argue for a health promotion interventions in their own main field of study based on adequate theories and models and in relation to different contexts
- compare and analyse health promotion work and interventions to prevent illness at the levels of individuals, groups and societies in relation to sustainable development
- propose and argue for different methods for the evaluation of health promotion work at the levels of individuals, groups and societies
- discuss and analyse consequences of illness and how health can be promoted at the levels of individuals, groups and societies

## **Judgement and approach**

On completion of the course, the students shall be able to

- reflect on the perspectives of different professions on health and how this is manifested in the choice of theories, models and interventions to increase health at the levels of individuals, groups and societies
- reflect on the strengths and weaknesses of different health promotion models

## **Course content**

The course includes medical, cultural, socio-economic and psychological perspectives on health and illness through providing basic knowledge about disease burden, justice and equality in access to healthcare. Furthermore, it addresses challenges in practical health promotion work through teaching of theories and models for health promotion and evaluation of existing health promotion initiatives. The course also enables reflection on the UN sustainable development goals and sustainable development in relation to health promotion work.

## **Course design**

The course is interprofessional and mainly conducted as learning activities requiring attendance on the study location, i.e. lectures, literature seminars and interprofessional workshops. The working methods include both independent work and group work. Compulsory attendance is required at seminars. The lectures and the seminars are to be compensated for with an individual assignment.

## Assessment

The assessment is based on the following components:

*Health and Illness (2.5 credits):* Written and oral assignment testing knowledge and understanding of definitions, theories and models that describe health and illness at the levels of individuals, groups and societies. Global perspectives on health and illness are also included. The assignment is performed in groups and the student groups work on a specific region of the world and present their work at a seminar.

*Health Promotion (4 credits) :* Individual written and oral assignment that presents and evaluates a health promotion intervention using theories and models for health promotion work. Presentation and discussions at a seminar.

*Course Portfolio (1 credit):* Peer review and seminars.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## Grades

Marking scale: Fail, Pass, Pass with distinction.

For a grade of Pass, the student must have been awarded this grade for all assessed components. For a grade of Pass with Distinction on the whole course, the student must have been awarded the grade of Pass for Health and Illness, 2.5 credits, and Course Portfolio, 1 credit, and a grade of Pass with Distinction for Health Promotion, 4 credits.

## Entry requirements

To be admitted to the course, students must, in addition to general entry requirements for higher education, have a Bachelor's degree in Occupational Therapy, Audiology, Physiotherapy, Language and Speech Pathology, Diagnostic Radiology Nursing or Nursing (180 credits), or a professional qualification in Occupational Therapy, Audiology, Physiotherapy, Language and Speech Pathology, Diagnostic Radiology Nursing or Nursing (180 credits). English proficiency equivalent to a Pass in English 6/English B from Swedish upper secondary school.

## Subcourses in MEVN46, Medical Science: Health and Health Promotion

Applies from H20

- 2001 Health and illness, 2,5 hp  
Grading scale: Fail, Pass
- 2002 Health promotion, 4,0 hp  
Grading scale: Fail, Pass, Pass with distinction
- 2003 Course portfolio, 1,0 hp  
Grading scale: Fail, Pass