



LUND
UNIVERSITY

Faculty of Medicine

MEVN31, Ageing and Health in Frail Elderly, 7.5 credits *Åldrande och hälsa med fokus sköra äldre, 7,5 högskolepoäng* Second Cycle / Avancerad nivå

Details of approval

The syllabus was approved by Board of Rehabilitation Sciences Education on 2016-03-14 and was last revised on 2023-03-07 by The Master's Programmes Board. The revised syllabus applies from 2023-03-07, spring semester 2023.

General Information

The course is included in the Master of Medical Science programme (120 credits). It is a second cycle elective course within the main fields of study. The course can also be taken as a freestanding course. The course is also included as an elective component of the Nordic Master's (120 credits) programme in Gerontology, NordMaG.

Language of instruction: English
English. The course can also be taught in Swedish.

<i>Main field of studies</i>	<i>Depth of study relative to the degree requirements</i>
Occupational Therapy	A1N, Second cycle, has only first-cycle course/s as entry requirements
Nursing	A1N, Second cycle, has only first-cycle course/s as entry requirements
Radiography	A1N, Second cycle, has only first-cycle course/s as entry requirements
Audiology	A1N, Second cycle, has only first-cycle course/s as entry requirements
Speech and Language Pathology	A1N, Second cycle, has only first-cycle course/s as entry requirements
Physiotherapy	A1N, Second cycle, has only first-cycle course/s as entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, the students shall be able to

- define and explain the concept "frail elderly"
- explain and argue for the importance of systematic review of the scientific foundation for health promotion interventions for fragile elderly individuals

Competence and skills

On completion of the course, the students shall be able to

- individually and in groups and in relation to their own main field of study, critically review and assess the scientific foundation for health promotion interventions for different groups of frail elderly individuals
- independently and together with other professional groups, plan, argue for and evaluate personalised health promotion interventions for frail elderly individuals
- adopting a scholarly approach, independently problematise physical, mental, social and existential aspects of health and well-being of frail elderly individuals

Judgement and approach

On completion of the course, the students shall be able to

- reflect on the responsibility and role of their own professional group and social institutions with regard to healthcare for frail elderly individuals
- assess the importance of a scholarly approach for the development of knowledge within the area of the frail elderly
- assess the ethical aspects of health promotion interventions for frail elderly individuals

Course content

- Theories, definitions and concepts related to groups of the frail elderly
- Physical, mental, social and existential aspects of health
- Personalised healthcare
- Evidence-based health promotion interventions for frail elderly individuals
- The role and responsibility of the team in health promotion interventions with frail elderly individuals
- Systematic literature searches, review and assessment
- Ethical aspects and approaches

Course design

The course is organised as online studies combined with lectures and seminars concentrated to a week in Lund. The teaching is based on the students actively practising information searching, problem solving, reflection and critical analysis. The study methods consist of independent study, group work, seminars and lectures. The seminars require compulsory attendance.

Assessment

To be awarded a Pass on the course, the student must have completed active participation in online discussions and the seminar on theories, definitions and

concepts, and a written assignment.

active participation in online discussions and group assignments on evidence-based health promotion interventions, and oral presentation in groups at the seminar. the written assignment.

All assignments must be well structured and presented with a reflecting approach. The written reports must include appropriate and current references. A written exam can replace an oral exam at a re-sit.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

Entry requirements

To be admitted to the course, students must have a degree in occupational therapy, audiology, physiotherapy, language and speech therapy, radiology nursing or nursing equivalent to a Bachelor's degree (180 credits including a degree project of 15 credits).

Subcourses in MEVN31, Ageing and Health in Frail Elderly

Applies from H16

- 1601 Theory, definition, concept in relation to frail elderly, 2,5 hp
Grading scale: Fail, Pass
- 1602 Evidence-based interventions for frail elderly, 5,0 hp
Grading scale: Fail, Pass