



**LUND**  
UNIVERSITY

Faculties of Humanities and Theology

## **KOVU02, The Arts, Culture and Health, 7.5 credits**

*Konst, kultur och hälsa, 7,5 högskolepoäng*

Second Cycle / Avancerad nivå

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### **Details of approval**

The syllabus was approved by The pro-dean for First-Cycle Studies at the Faculties of Humanities and Theology on 2021-03-25 to be valid from 2021-03-25, autumn semester 2021.

### **General Information**

The course is offered as a commissioned education.

*Language of instruction:* Swedish

Teaching in the course is primarily in Swedish, although other Scandinavian languages may occur.

*Main field of studies*

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*Depth of study relative to the degree requirements*

A1N, Second cycle, has only first-cycle course/s as entry requirements

### **Learning outcomes**

On completion of the course, the students shall be able to:

#### **Knowledge and understanding**

- account for different ways that art, culture and aesthetics can be resources in healthcare, welfare and care services
- describe and discuss scientific research on how art practices and aesthetic experiences can promote health, wellbeing, healing and rehabilitation
- account for and discuss historical perspectives on the relationship between art, culture and health.
- understand and discuss different methods to measure the effects of art and culture on health and wellbeing from medical and humanistic perspectives

### **Competence and skills**

- plan and carry out activities with one or more art forms within the scope of healthcare, welfare and care services
- lead and mediate creative activities and aesthetic experiences within the scope of healthcare, welfare and care services in healthcare environments, cultural organisations and in everyday life

### **Judgement and approach**

- understand and reflect on medical and humanistic perspectives on people in a health and welfare contexts
- reflect on and assess ethical issues in connection with art and culture activities within the scope of healthcare, welfare and care services

### **Course content**

The course provides students with theoretical knowledge and practical skills in the field of art, culture and health, based on both medical and humanistic perspectives. The course content includes historical perspectives on culture and health, current research results on the effects of different forms of art on health, wellbeing, healing and rehabilitation as well as different methods to measure such effects.

The course also provides students with an understanding and experience of both practice and experience of different art forms such as visual arts, music, literature, dance and movement. Particularly focus is given to how creating and aesthetic experiences in particular can be communicated in different situations, in healthcare environments, cultural organisations and in everyday life. In addition, the course covers theories about the distinctive nature of the aesthetic experience and aspects such as beauty, meaning, presence, interpretation and understanding. The course also covers teaching and learning, guidance, group dynamics, project evaluation and ethical issues.

The course structure and contents reflect the current development of the field of culture and health in Sweden, in Scandinavia and internationally.

### **Course design**

The teaching consists of lectures, seminars and workshops with practical exercises and some literature study. Some workshops will be run at cultural organisations in the region. The course includes four teaching sessions, of which the first three run for two days and the fourth for one day. Participation in the teaching sessions is compulsory.

### **Assessment**

Assessment of the course is based on a project for which the student designs a plan for an art and culture activity within the scope of the activities in their own workplace. The student presents the project and receives feedback from teachers and fellow students at the final teaching session of the course.

## **Grades**

Marking scale: Fail, Pass.

## **Entry requirements**

The course is primarily aimed at staff in healthcare, welfare, care services or social work. Employers are to approve participation. It is recommended that applicants have completed a first-cycle programme in healthcare, cultural sciences or the equivalent.

## **Further information**

1. The course is offered at the Department of Arts and Cultural Sciences, Lund University, in collaboration with Region Skåne.