



LUND  
UNIVERSITY

## Joint Faculties of Humanities and Theology

KOVE43, Art, Culture and Health, 7.5 credits

## *Konst, kultur och hälsa, 7,5 högskolepoäng*

## First Cycle / Grundnivå

## Details of approval

The syllabus was approved by The Pro Dean of First and Second Cycle Studies at The Joint Faculties of Humanities and Theology on 2025-12-01 (U 2025/907). The syllabus comes into effect 2026-03-01 and is valid from the autumn semester 2026.

## General information

The course is given within the framework of the Bachelor's Programme in Art History and Visual Studies and as a freestanding course.

*Language of instruction:* Swedish

*Main field of study*      *Specialisation*

Art History and Visual Studies G2F, First cycle, has at least 60 credits in first-cycle course/s as entry requirements

## Learning outcomes

On completion of the course, the students shall be able to

## Knowledge and understanding

- explain how the arts and aesthetics can promote health, well-being and healing, with an emphasis on existential health and resilience,
- the different conditions for arts and health in different contexts, such as health and social care, schools, the cultural sector and people's everyday lives,
- describe and discuss humanist as well as medical approaches to art, aesthetics and health.

## Competence and skills

- plan and implement activities involving one or more art forms, with the aim of promoting health, well-being, healing and resilience in others.

- communicate and discuss knowledge about art, aesthetics and health in public discourse.

## Judgement and approach

- be able to understand and reflect on humanistic and medical perspectives on the human being linked to art and health,
- be able to assess and reflect on ethical issues related to art and health
- be able to reflect independently on their own learning and identify the need for further knowledge to develop competences in the field of the course,

## Course content

The course provides students with theoretical knowledge and practical skills in the field of art, culture and health, based on both humanist and medical perspectives. The course content covers both historical knowledge and contemporary research findings on how art, culture and aesthetics can promote health, well-being, healing and resilience. Particular emphasis is placed on existential health and resilience.

The course provides insight and experience in practising and experiencing different art forms, such as visual arts, literature, music, dance and movement, with the aim of promoting health. An important focus is how artistic and aesthetic activities can be planned and communicated concretely in different contexts, such as care settings, schools, cultural institutions and in everyday life. The course also covers theories about the distinctive nature of the aesthetic experience and aspects such as beauty, meaning, presence, interpretation and understanding. The course also addresses pedagogical and ethical issues related to art and health.

The course aims to provide students with a combination of skills - in medicine/health, cultural studies/arts, teaching and learning - in order to understand and work with the arts and health. The course is at an advanced level and assumes that students have relevant prior knowledge in at least one of the areas of the course in order to be able to benefit from the course.

## Course design

The teaching consists of lectures, seminars and workshops.

## Assessment

The course is examined through an oral presentation individually or in groups and an individual written assignment.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

## Grades

Grading scale includes the grades: Fail, Pass

For the grade of Pass on the module, students must have been awarded the grade of Pass on all assessed components.

## Entry requirements

General entry requirements and 60 credits at first-cycle level from a programme in cultural studies, or health and social care, or teacher training, or artistic education.

## Further information

- The course is offered at the Department of Arts and Cultural Sciences, Lund University.
- The credits allocated for course content that in whole or in part is shared with another course can only be credited once for a degree.
- For further details, see the current registration information and other relevant documentation.