



Faculty of Fine & Performing Arts

KOND75, Power Trip Course: Practical Guide to Becoming an Idiot, 6 credits

Power Trip: en praktisk vägledning i konsten att bli en idiot, 6 högskolepoäng
First Cycle / Grundnivå

Details of approval

The syllabus was approved by Department Board of Malmö Art Academy on 2020-09-09 to be valid from 2020-09-09, autumn semester 2020.

General Information

Artistic creation course, Lund University, Faculty of Fine and Performing Arts, Malmö Art Academy.

Optional course for the BFA programme (KGFKO).

Language of instruction: English

Main field of studies

Fine Arts

Depth of study relative to the degree requirements

GXX, First cycle, in-depth level of the course cannot be classified

Learning outcomes

Artistic creation course.

The aim is to enhance the students' ability to formulate and show an artistic wholeness.

The aim is the students' comprehensive development for artistic work.

Special importance is attributed to the object that analytical insight should be shown in the artistic creation.

Course content

How do we deal with our creative work when the whole world around us is changing, collapsing, and reconfiguring? On the one hand, we need to find a place of stability, while on the other we need to know how to be flexible.

I think a lot of wisdom can be found in becoming an idiot. Here is the evolution of this definition based on my renderings of Hannah Arendt:

In Greek times the idiot was considered the one who lives in their own household and is concerned only with their own life and its necessities.

However, Romans were the first ones to claim the sanctity of private sphere: the notion that private rights and life itself is sacrosanct. In fact, owning the private sphere was the condition *Sine Qua Non* to participating in public life.

In this instance, the idiot is neither lost in public affairs, nor is locked in their privacy.

I personally find the position of an idiot something in between of a trickster and a shaman, a wise woman and a preacher; Someone who functions within and outside the borders of the society.

This is of course a philosophical position, while in our course we will be learning lots of physical techniques that will hopefully lay pathways to becoming an idiot — however humor, just like the vitamin C and D should be taken daily preferably before breakfast.

Course design

STRUCTURE OF THE COURSE

If the world around us is massively transforming, let's play the same game! The first 7 days of the course will follow 7 days of Creation from The Bible. There will be 7 video classes, each filmed in a 3D generated environment (renderings of surrealist Earth), with 3D soundscapes and specially composed music, followed by daily homework.

The week after we will have one-on-one physical training sessions over video call. Where we will address your needs and questions. We will aim to create an individual toolkit to find your inner idiot and that place of stable flexibility.

1 day: Light

2 day: Atmosphere / Firmament

3 day: Dry Ground and Plants

4 day: Sun, Moon and Stars

5 day: Birds and Sea Animals

6 day: Land Animals and Humans

7 day: Rest day

Video classes are based on a number of physical techniques such as Japanese physical theater Butoh, Chi Gong, Tai Chi, various fitness and dance methodologies, theater and method acting techniques, and myofascial meridian work.

Assessment

For the grade pass the student needs to be at least 80% present at lectures and seminars and receive the grade pass on tasks, if any.

The examiner, in consultation with Disability Support Services, may deviate from the regular form of examination in order to provide a permanently disabled student with a form of examination equivalent to that of a student without a disability.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

Entry requirements

General requirements for university studies in Sweden

Subcourses in KON75, Power Trip Course: Practical Guide to Becoming an Idiot

Applies from H20

2001 Power Trip Course: Practical Guide to Becoming an Idiot, 6,0 hp
Grading scale: Fail, Pass