



**LUND**  
UNIVERSITY

Faculty of Science

## **BIOF06, Biology: Human Biology and Evolution, 7.5 credits**

*Biologi: Humanbiologi och evolution, 7,5 högskolepoäng*

First Cycle / Grundnivå

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### **Details of approval**

The syllabus was approved by Study programmes board, Faculty of Science on 2013-01-21 and was last revised on 2015-12-15. The revised syllabus applies from 2016-01-01, spring semester 2016.

### **General Information**

The course is an optional course for a degree of Bachelor of Science in Biology.

*Language of instruction:* Swedish

*Main field of studies*

Biology

*Depth of study relative to the degree requirements*

G2F, First cycle, has at least 60 credits in first-cycle course/s as entry requirements

### **Learning outcomes**

#### **Knowledge and understanding**

On completion of the course the student shall be able to:

- account for the basics of the biology and evolutionary history of man
- describe how the biology and evolutionary history of man can be used to understand human behaviour, diseases, social organisation, and cooperation
- give examples of how man is influenced by the interplay between genetic and environmental factors

#### **Competence and skills**

On completion of the course the student shall be able to:

- use and master relevant concepts in human biology, such as evolutionary medicine, selfish genes, "memes", sexual selection, and evolution of life history traits
- discuss factors that influence the mental and physical health of humans
- argue in a scientific way orally and in writing

### **Judgement and approach**

On completion of the course the student shall be able to:

- critically evaluate and discuss the importance of biological differences (e.g. gender differences and differences between ethnic groups) based on a general evolutionary biological context

### **Course content**

The course consists of lectures and two discussion seminars about current literature on human evolutionary biology.

During the lectures, different themes are addressed with a specialisation on:

- exercise physiological and evolutionary aspects on physical activity
- appetite regulation and energy balance
- the genetic basis of ADHD and hereditary diseases and syndromes
- evolutionary medicine
- biological gender differences and evolution of human sexuality
- evolution of diseases: influenza and HIV
- stress and immunosuppression
- evolutionary genetics and sexual conflicts
- human partner choice and sexual selection
- Richard Dawkins and the concepts "selfish genes" and "memes"
- evolution of human cooperation
- evolution of human life histories

### **Course design**

The teaching consists of lectures and discussion seminars and written presentation. At the end of the course, a final seminar about general and new research literature regarding human biology is held. Participation in lectures, seminars, and presentations is compulsory.

### **Assessment**

The examination takes place orally in the form of group seminars and through a written presentation at the end of the course.

For students who have failed at the regular examination, an additional examination in close connection to this is offered.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## **Grades**

Marking scale: Fail, Pass.

To pass the entire course, approved group seminars, approved written presentation, and participation in at least 75% of the lectures, are required.

## **Entry requirements**

For admission to the course, 60 credits of studies in natural sciences, medicine, or technology, is required.

## **Further information**

The course is given part-time, evenings. The course may not be included in a degree together with BIOF02 Human Biology 7.5 credits.

## Subcourses in BIOF06, Biology: Human Biology and Evolution

Applies from H12

1301 Human Biology and Evolution, 7,5 hp  
Grading scale: Fail, Pass