



**Litteraturlista för PPTS04, Psykologi: Psykoterapeutiska teorier och metoder gällande från och med höstterminen 2015**

Litteraturlistan är fastställd av Ledningsgruppen för psykoterapeutprogrammet 2015-05-26 att gälla från och med 2015-08-31

---

Se bilaga.

## Litteratur PPTS04

Barlow, David H. (Ed.). (2014). *Clinical handbook of psychological disorders: A step-by-step treatment manual*. (5<sup>th</sup> ed). New York: Guilford. (784 s.)

Beck, Judith S. (2011). *Cognitive Behavior therapy: Basics and beyond*. (2nd ed). New York: Guilford. (324 s.)

Beck, Judith S. (2007). *Kognitiv terapi för mer komplexa problem: När vanliga metoder inte fungerar*. Stockholm: Norstedts Akademiska Förlag. (359 s.)

Bennet-Levy, James, Butler, Gillian, Fennel, Melanie, Ann Hackman, Mueller, Martina, & Westbrook, David. (Eds.). (2004). *Oxford Guide to Behavioural Experiments in Cognitive Therapy*. Oxford: Oxford University press. (461 s.)

Cartwright-Hatton S, Laskey B, Rust S & McNally D. *From timid to tiger: a treatment manual for parenting the anxious child*. NY: Wiley & Sons, 2010. (186 s.)

Chorpita BF. *Modular cognitive-behavioral therapy for childhood anxiety disorders*. NY: Guildford Press, 2006. (225 s.)

Dugas, Michel J., & Robichaud, Melisa. (2006). *Cognitive-behavioral treatment for generalized anxiety disorder: From science to practice*. New York: Routledge. (264 s.)

Eisen AR, Schaefer CE. *Separation anxiety in children and adolescents: An individualized approach to assessment and treatment*. NY: Guilford Press, 2007. (298 s.)

Fairburn, Christopher G. (2008). *Cognitive Behavior Therapy and Eating Disorders*. Guilford Publications. (324 s.)

Frank, Rochelle I., & Davidson, Joan. (2014). *Transdiagnostic Road map to case formulation and treatment planning. Practical Guidance for Clinical Decision Making*. New Harbinger Publications. (256 s.)

Gilbert, Paul, & Leahy, Robert L. (Eds.). (2009). *The therapeutic relationship in cognitive behavioral Psychotherapies*. New York: Routledge. (312 s.)

Harris, Russ (2011). *ACT helt enkelt - en introduktion till Acceptance and Commitment Therapy*. Stockholm: Natur och kultur. (318 s.)

Kazdin AE. *Parent management training: Treatment for oppositional, aggressive, and antisocial behavior in children and adolescents*. NY: Oxford University Press, 2008. (424 sidor)

Kåver, Anna. (2014). *Social ångest: att känna sig granskad och bortgjord*. Stockholm: Natur och Kultur. 214s.

Manassis K. *Case formulation with children and adolescents*. NY: Guilford Press, 2014. (244 s.)

Manassis K. *Cognitive behavioral therapy with children: A guide for the community practitioner*. NY: Routledge, 2010. (288 s.)

Martell, Christopher R, Dimidjian, Sonja, & Herman-Dunn, Ruth. (2013). *Beteendeaktivering vid depression : En handbok för terapeuter*. Studentlitteratur: (234 s.)

McKay, Dean, Thoma, Nathan C. (2014). *Working with emotions in Cognitive-Behavioral Therapy. Techniques for clinical practice*. Guilford Publications. (418 s.)

McNeil CB, Hembree-Kigin C. *Parent-Child Interaction Therapy, Second Edition*. NY: Springer, 2010. (467 s.)

Smith P, Perrin S, Yule W, Clark D. *Post traumatic stress disorder: Cognitive therapy with children and young people*. UK: Routledge, 2009. (224 s.)

Verduyn C, Rogers J, Wood A. *Depression: Cognitive behaviour therapy with children and young people*. UK: Routledge, 2009. (216 s.)

Waite P, Williams T. (Eds). *Obsessive compulsive disorder: Cognitive behaviour therapy with children and young people*. UK: Routledge, 2009. (208 s.)

Webster-Stratton C. *Collaborating with parents to reduce children's behavior problems: A book for therapists using the Incredible Years programs*.  
<http://incredibleyears.com/books/collaborating-with-parents/> (200 s.)

Wells, Adrian. (2015). *Cognitive therapy of anxiety disorders: A practical guide.*

(2<sup>nd</sup> ed.) Chichester: Wiley. (384 s.)

Young S, Bramham J. *Cognitive-behavioural therapy for ADHD in adolescents and adults: A psychological guide to practice, 2nd Edition.* NY: Wiley-Blackwell, 2012. (326 s.)

Artiklar och fördjupningslitteratur enligt kursledarens anvisningar tillkommer