Literature for MESS53, Environmental Studies and Sustainability Science: Sustainability and Inner Transformation applies from autumn semester 2019

Literature established by The Board of the Lund University Centre for Sustainability Studies on 2019-06-13 to apply from 2019-09-02

See appendix.
Miljö- och hållbarhetsvetenskap: Hållbarhet och inre omställning, 7,5 högskolepoäng

Environmental Studies and Sustainability Science: Sustainability and Inner Transformation, 7,5 credits

MESS53 litteraturlista fastställd av LUCSUS styrelse den 13 juni 2019 (dnr STYR 2019/1087).

Required reading / Obligatorisk läsning


Kothari AF Demaria and A. Acosta (2015) Buen Vivir, degrowth and ecological swaraj: Alternatives to sustainable development and the green economy, Development, 57, 3-4: 362–375 (13 pages)


Lockhart H (2011) Spirituality and nature in the transformation to a more sustainable world: perspectives of South African change agents. Stellenbosch University, South Africa. Master thesis (60 pages, parts of chapters 1, 2 and 6).


O’Brien K (2016) Climate change and social transformations: is it time for a quantum leap? WIREs Climate Change 7:618–626 (9 pages)


Ryan K (2016) Incorporating emotional geography into climate change research: a case study in Londonderry, Vermont, USA. *Emotion, Space and Society*, 19:5-12 (8 pages)


Sharma M (2012) Contemporary leaders of courage and compassion: Competencies and inner capacities, Transformational Leadership Series, Kosmos pp. 5-11 (6 pages)


Wamsler C (2018) Mind the gap: The role of mindfulness in adapting to increasing risk and climate change, *Sustainability Science*, Online (15 pages)


Gender balance: The gender balance is female/male first author is ca 45/55%

**Note:** Please note that a 7.5 credits advanced course is recommended to involve ≈1250 pages of reading. The above-listed references include ≈1150 pages. The students should select and read another ≈100 pages, which can be chosen based on the individual assignment topic. / Observera att eleverna ska välja och läsa ytterligare ≈150 sidor, som kommer att väljas utifrån ämnet för den skriftligt hemprov.