



**LUND**  
UNIVERSITY

Faculty of Medicine

## **VMFU66, Sexual and Reproductive Health and Rights, 22.5 credits**

*Sexuell och reproduktiv hälsa och rättigheter, 22,5 högskolepoäng*  
Second Cycle / Avancerad nivå

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### **Details of approval**

The syllabus was approved by The Master's Programmes Board on 2017-02-14 to be valid from 2017-03-06, spring semester 2017.

### **General Information**

The course is offered as a commissioned education.

Commissioned education

*Language of instruction:* English

*Main field of studies*

Public Health Science

*Depth of study relative to the degree requirements*

A1N, Second cycle, has only first-cycle course/s as entry requirements

### **Learning outcomes**

#### **Knowledge and understanding**

On completion of the course, the students shall be able to

- explain the development of sexual and reproductive health and rights (SRHR) from international and global perspectives
- account for the main global challenges concerning SRHR
- provide an account of the area from the perspectives of poverty, gender, rights and sustainability
- explain the impact of socio-cultural contexts on issues concerning SRHR
- account for evidence-based interventions within the area in different populations and sub-groups

- account for the importance of organisational development of evidence-based practice within SRHR
- explain how different digital resources can facilitate communication and implementation of a project in a local or global context

### **Competence and skills**

On completion of the course, the students shall be able to

- plan, implement and follow up a change project within the area of SRHR
- identify, analyse and critically reflect on research results and use them in the implementation of the change project
- use and critically reflect on digital resources in communication as an educational tool
- independently discuss SRHR issues from the perspectives of poverty, gender, rights and sustainability
- independently identify challenges in the area in different populations and plan strategies and interventions based on a public health approach

### **Judgement and approach**

On completion of the course, the students shall be able to

- identify ethical dilemmas within SRHR and discuss these based on ethical principles and guidelines
- reflect on the approach taken towards different people from different groups from a culturally sensitive perspective
- reflect on particularly vulnerable groups with regard to SRHR

### **Course content**

The course consists of four phases.

1. Four weeks of concentrated study in Sweden
2. Implementation and evaluation of a change project implemented under supervision in the participant's home country
3. One week of concentrated study in which the results of the change project and a sustainability plan for phase 4 are presented. This period of study is located in one of the relevant countries in Africa or Asia.
4. The project results are to be presented at the national and local levels. Implementation of a sustainability plan.

The course highlights the following aspects of the subject: adolescent health, family planning, pregnancy and childbirth, abortion, sexual identity, sexual coercion and violence, and sexually transmitted diseases including HIV/AIDS. Perspectives of gender, poverty, sustainability and rights will serve as general themes. The topics to be discussed include evidence-based strategies and interventions related to each theme.

In order to highlight socio-cultural differences in the area, the course will provide the opportunity for the discussion of global challenges such as cervical cancer, female genital mutilation, trafficking and sexual violence in relation to existing theories and current research results. Participation in various value exercises will enable the students to reflect on and discuss ethical issues and approaches with regard to abortion, genital mutilation, sexual identities and violence.

The development of international programmes and policies, and the discourse used within them, will be highlighted. Global as well as regional/local policy documents on sustainability and rights perspectives will be studied and discussed.

## **Course design**

The teaching consists of lectures, seminars, group work, value exercises, study visits and implementation and follow up of a change project under supervision. All components are compulsory.

## **Assessment**

The assessment is based on three components:

- 1) a written individual assignment.
  
- 2) an oral presentation and a written presentation of planning, implementation and evaluation of a change project.
  
- 3) a course portfolio including the following items: a) report and reflection on the use of digital tools, b) active participation in compulsory components, and c) continuous documentation in a blog of the progress of the project throughout its phases.

Other forms of assessment can be used, if there are special reasons.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## **Grades**

Marking scale: Fail, Pass.

## **Entry requirements**

To be admitted to the course, students must have a Bachelor's degree or the equivalent.

English B from Swedish upper secondary school or the equivalent is required.

International students are exempted from the general admission requirement of proficiency in Swedish.

### **Further information**

This course replaces VMFU45 Sexual reproductive health and rights

## Subcourses in VMFU66, Sexual and Reproductive Health and Rights

Applies from V17

- 1701 Individual Written Examination, 7,5 hp  
Grading scale: Fail, Pass
- 1702 Change Project, 7,5 hp  
Grading scale: Fail, Pass
- 1703 Course Portfolio, 7,5 hp  
Grading scale: Fail, Pass