



Faculty of Medicine

## **SJSG16, Person-Centred Care in Relation to Mental Illness, 15 credits**

*Personcentrerad vård vid psykisk ohälsa, 15 högskolepoäng*  
**First Cycle / Grundnivå**

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### **Details of approval**

The syllabus is an old version, approved by The Nursing, Radiography, and Reproductive, Perinatal and Sexual Health Programmes Board on 2016-04-26 and was last revised on 2016-04-27. . The revised syllabus applied from 2016-08-29. , autumn semester 2016.

### **General Information**

The course is included as a compulsory component of the Bachelor of Science programme in Nursing comprising 180 credits. The course complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments). The course integrates five weeks of theory with five weeks of clinical training .

Some components may be in English.

*Main field of studies*

Nursing Science

*Depth of study relative to the degree requirements*

G1N, First cycle, has only upper-secondary level entry requirements

### **Learning outcomes**

*Knowledge and understanding*

On completion of the course, the students shall be able to

- describe and explain how mental illness manifests itself in the form of symptoms and signs and how these may affect the daily lives of individuals (module 1, module 2)
- account for psychopharmacological, somatic, psychological and psychosocial nursing interventions for mental illness (module 1, module 2)

- describe and account for national guidelines, theories and concepts within psychiatric health care (module 1)
- compare the contents of the Health and Medical Services Act with the Compulsory Mental Care Act from the point of view of the concepts of participation and integrity (module 1)

### *Skills and abilities*

On completion of the course, the students shall be able to

- establish trusting relationships in nursing and communicate with patients, family and members in the patient care team in an educational, empathetic and respectful way (module 2)
- identify and critically assess an individual's symptoms, signs and care needs (module 1, module 2)
- execute and document all stages of the nursing process under supervision and in dialogue with the patient (module 2)
- identify events or situations in the care environment that can affect the patient's safety (module 1, module 2)
- use research articles and books to present and discuss evidence-based knowledge and knowledge-based care within the field (module 1, module 2)

### *Judgement and approach*

On completion of the course, the students shall be able to

- identify attitudes and values with regard to individuals suffering from mental illness (module 1)
- reflect on their own learning process and the personal need of further knowledge and development of professional skills (module 1, module 2)

## **Course content**

The course consists of two modules:

### *Module 1*

Psychiatric diseases, care and treatment, 7.5 credits (subjects examined 1401 and 1402):

Anxiety syndromes  
 Depression syndromes  
 Schizophrenia  
 Suicidal conditions  
 Personality disorders  
 Substance abuse  
 Medical and psychosocial care and treatment  
 Legislation on compulsory psychiatric care  
 Mental illness from a societal perspective

## Module 2

Clinical training in psychiatric care, 7.5 credits (subject examined 1403):  
Process-oriented nursing within psychiatric care

### Course design

The teaching and learning activities are designed so as to enable students to develop a specialised understanding and are characterised by an active search for knowledge, problem solving, reflection and critical analysis. Among the work methods used are independent study, group exercises, peer review, skills training, seminars and lectures. Absence from compulsory learning activities may require alternative learning activities.

Clinical training comprises 32 hours a week on average and may take place all times of the day all days of the week. It includes organised supervision and skills training.

### Assessment

Clinical training is assessed individually and in accordance with a standardised form.

One opportunity for clinical training is arranged for each time the course is offered. Students who fail to pass at the first opportunity will be offered a second opportunity for clinical training. There are only two opportunities for clinical training. A student who fails the clinical training twice must discontinue his or her studies.

Students who interrupt their clinical training prematurely, i. e. when 40 percent or more of the total course period has elapsed, shall be graded (Pass/Fail) and will have lost an opportunity for clinical training.

The clinical training must be discontinued if the student commits serious errors during clinical training because of gaps in knowledge or skill. This means that the student fails the component and has lost one opportunity for clinical training. An individual plan will be drawn up for the student. Clinical training may only be resumed when the student has demonstrated that the shortcomings have been remedied.

Theoretical components: One examination and two opportunities to resit the examination are arranged for each subject examined. Students who do not achieve a pass on any of these occasions will be able to retake the examination on a later occasion. There are six opportunities for re-examination of each subject examined. A student who has failed an examination six times must discontinue his or her studies.. A student who has failed an examination on a course twice is entitled to request that another examiner be appointed by the programme director.

At re-examination, individual examination may replace group examination.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

## **Grades**

Marking scale: Fail, Pass.

For a pass on the course, the student must have passed all the subjects examined.

## **Entry requirements**

General and courses corresponding to the following Swedish Upper Secondary School Programs: Mathematics B, Science B, and Civics A. (Biology A+Chemistry A+Physics A equals Science A+B)

## Subcourses in SJSG16, Person-Centred Care in Relation to Mental Illness

Applies from H16

- 1601 Mental Illness, Care and Treatment, 5,5 hp  
Grading scale: Fail, Pass
- 1602 The Patient's Needs in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass
- 1603 Nursing in Mental Illness, 1,0 hp  
Grading scale: Fail, Pass
- 1604 Mental Care, 7,5 hp  
Grading scale: Fail, Pass