

SJSF16, Person-Centred Care in Relation to Mental Illness, 15 credits

Personcentrerad vård vid psykisk ohälsa, 15 högskolepoäng
First Cycle / Grundnivå

Details of approval

The syllabus was approved by Board of Health Sciences Education on 2014-03-20 to be valid from 2014-09-01, autumn semester 2014.

General Information

The course is included as a compulsory component of the Bachelor of Science programme in Nursing comprising 180 credits. The course complies with the guidelines of the Higher Education Ordinance (SFS 1993:100 with later amendments). The course integrates five weeks of theory with five weeks of clinical training .

Some components may be in English.

Main field of studies

Nursing

Depth of study relative to the degree requirements

G1N, First cycle, has only upper-secondary level entry requirements

Learning outcomes

Knowledge and understanding

On completion of the course, the students shall be able to

- describe and explain how mental illness manifests itself in the form of symptoms and signs and how these may affect the daily lives of individuals (module 1, module 2)
- account for psychopharmacological, somatic, psychological and psychosocial nursing interventions for mental illness (module 1, module 2)
- describe and account for national guidelines, theories and concepts within psychiatric health care (module 1)

- compare the contents of the Health and Medical Services Act with the Compulsory Mental Care Act from the point of view of the concepts of participation and integrity (module 1)

Skills and abilities

On completion of the course, the students shall be able to

- establish trusting relationships in nursing and communicate with patients, family and members in the patient care team in an educational, empathetic and respectful way (module 2)
- identify and critically assess an individual's symptoms, signs and care needs (module 1, module 2)
- execute and document all stages of the nursing process under supervision and in dialogue with the patient (module 2)
- identify events or situations in the care environment that can affect the patient's safety (module 1, module 2)
- use research articles and books to present and discuss evidence-based knowledge and knowledge-based care within the field (module 1, module 2)

Judgement and approach

On completion of the course, the students shall be able to

- identify attitudes and values with regard to individuals suffering from mental illness (module 1)
- reflect on their own learning process and the personal need of further knowledge and development of professional skills (module 1, module 2)

Course content

The course consists of two modules:

Module 1

Psychiatric diseases, care and treatment, 7.5 credits (subjects examined 1401 and 1402):

Anxiety syndromes
 Depression syndromes
 Schizophrenia
 Suicidal conditions
 Personality disorders
 Substance abuse
 Medical and psychosocial care and treatment
 Legislation on compulsory psychiatric care
 Mental illness from a societal perspective

Module 2

Clinical training in psychiatric care, 7.5 credits (subject examined 1403):
Process-oriented nursing within psychiatric care

Course design

The teaching and learning activities are designed so as to enable students to develop a specialised understanding and are characterised by an active search for knowledge, problem solving, reflection and critical analysis. Among the work methods used are independent study, group exercises, peer review, skills training, seminars and lectures. Absence from compulsory learning activities may require alternative learning activities.

Clinical training comprises 32 hours a week on average and may take place all times of the day all days of the week. It includes organised supervision and skills training.

Assessment

Clinical training is assessed individually and in accordance with a standardised form.

One opportunity for clinical training is arranged for each time the course is offered. Students who fail to pass at the first opportunity will be offered a second opportunity for clinical training. There are only two opportunities for clinical training. A student who fails the clinical training twice must discontinue his or her studies.

Students who interrupt their clinical training prematurely, i. e. when 40 percent or more of the total course period has elapsed, shall be graded (Pass/Fail) and will have lost an opportunity for clinical training.

The clinical training must be discontinued if the student commits serious errors during clinical training because of gaps in knowledge or skill. This means that the student fails the component and has lost one opportunity for clinical training. An individual plan will be drawn up for the student. Clinical training may only be resumed when the student has demonstrated that the shortcomings have been remedied.

Theoretical components: One examination and two opportunities to resit the examination are arranged for each subject examined. Students who do not achieve a pass on any of these occasions will be able to retake the examination on a later occasion. There are six opportunities for re-examination of each subject examined. A student who has failed an examination six times must discontinue his or her studies.. A student who has failed an examination on a course twice is entitled to request that another examiner be appointed by the programme director.

At re-examination, individual examination may replace group examination.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, Pass.

For a pass on the course, the student must have passed all the subjects examined.

Entry requirements

General and courses corresponding to the following Swedish Upper Secondary School Programs: Mathematics 2, Science 2, and Social Studies 1b/1a1+1a2. (Biology 1+Chemistry 1+Physics 1a/1b1+1b2 equals Science 1+2)

Subcourses in SJSF16, Person-Centred Care in Relation to Mental Illness

Applies from V14

- 1401 Mental Illness, Care and Treatment I, 6,5 hp
Grading scale: Fail, Pass
Individual written exam.
- 1402 Mental Illness, Care and Treatment II, 1,0 hp
Grading scale: Fail, Pass
Oral and written assessment in groups including individual assessment, peer teaching.
- 1403 Clinical Training in Mental Care, 7,5 hp
Grading scale: Fail, Pass
Formative and summative individual assessment based on established criteria in an assessment form and compulsory learning activities, assessed seminar. Oral and written presentation including individual assessment.