



LUND
UNIVERSITY

Faculties of Humanities and Theology

SASH73, Health and Diet through Human History, 7.5 credits

Health and Diet through Human History, 7,5 högskolepoäng
First Cycle / Grundnivå

Details of approval

The syllabus was approved by the programmes director by delegation from the pro-dean for first- and second-cycle studies on 2013-04-29 to be valid from 2013-04-29, autumn semester 2013.

General Information

The course is offered as a free-standing course. It can normally be included as part of a general first- or second-cycle degree.

Language of instruction: English

Main field of studies

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Depth of study relative to the degree requirements

G1N, First cycle, has only upper-secondary level entry requirements

Learning outcomes

On completion of the course the student shall

Knowledge and understanding

- be able to give a general description of the variation in archaeological sources used to study human history in terms of health and diet
- be able to provide examples of osteological methods to study health and diet
- be able to give a basic account of how health and diet are related to each other and to the historical context
- be able to give an account of methods in interdisciplinary research on health and diet

Competence and skills

- be able to assimilate simple research texts and summarise the contents
- be able to identify the consequences of major changes in health and diet in human history

Judgement and approach

- be able to critically assess different aspects of complex issues concerning knowledge and interpretation of health and diet in the past
- be able to assess present-day uses of information on health and diet in the past.

Course content

The course provides an overview of the last 200 000 years of human history. Focusing on diet and health, it deals with different aspects of the relationship between mankind and the environment. The concept of transition is discussed with reference to osteological, archaeological and historical source material on the Neolithic revolution, urbanisation and industrialisation. In order to understand the population growth from a few individuals to 7 billion people in less than 200 000 years, the course employs an interdisciplinary perspective interweaving biological, social and economic developments and climate change.

Course design

Teaching consists of lectures, group work, compulsory seminars and a compulsory study visit.

Assessment

The assessment is based on a written assignment and active participation in seminars and group work.

Subcourses that are part of this course can be found in an appendix at the end of this document.

Grades

Marking scale: Fail, E, D, C, B, A.

The highest grade is A and the lowest passing grade is E. The grade for a non-passing result is Fail.

Entry requirements

General requirements for university studies in Sweden

Further information

1. The credits allocated for course content that in whole or in part is commensurate with another course can only be credited once for a degree. For further details see the current registration information and other relevant documentation.
2. Priority is given to exchange students. Students are expected to have oral and written proficiency in English.
3. The course is offered at the Department of Archaeology and Ancient History, Lund University.

Subcourses in SASH73, Health and Diet through Human History

Applies from V13

1301 Health and Diet through Human History, 7,5 hp
Grading scale: Fail, E, D, C, B, A