MEVN31, Ageing and Health in Frail Elderly, 7.5 credits
Åldrande och hälsa med fokus sköra äldre, 7,5 högskolepoäng
Second Cycle / Avancerad nivå

Details of approval
The syllabus was approved by Board of Rehabilitation Sciences Education on 2016-03-14 to be valid from 2016-07-01, autumn semester 2016.

General Information
The course is included in the Master of Medical Science programme (120 credits). It is a second cycle elective course within the main fields of study. The course can also be taken as a freestanding course. The course is also included as an elective component of the Nordic Master’s (120 credits) programme in Gerontology, NordMaG.

Language of instruction: English
English. The course can also be taught in Swedish.

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<tr>
<th>Main field of studies</th>
<th>Depth of study relative to the degree requirements</th>
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<tr>
<td>Nursing</td>
<td>A1N, Second cycle, has only first-cycle course/s as entry requirements</td>
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<td>Logopedics</td>
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<td>Radiography</td>
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<td>Audiology</td>
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<td>Occupational Therapy</td>
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<td>Physiotherapy</td>
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Learning outcomes
Knowledge and understanding
On completion of the course, the students shall be able to

- define and explain the concept "fragile elderly"
- explain and argue for the importance of systematic review of the scientific foundation for health promotion interventions for fragile elderly individuals

Competence and skills
On completion of the course, the students shall be able to

- individually and in groups and in relation to their own main field of study, critically review and assess the scientific foundation for health promotion interventions for different groups of fragile elderly individuals
- independently and together with other professional groups, plan, argue for and evaluate personalised health promotion interventions for fragile elderly individuals.
- adopting a scholarly approach, independently interrogate physical, mental, social and existential aspects of health and well-being of fragile elderly individuals

Judgement and approach
On completion of the course, the students shall be able to

- reflect on the responsibility and role of their own professional group and social institutions with regard to healthcare for fragile elderly individuals
- assess the importance of a scholarly approach for the development of knowledge within the area of the fragile elderly
- assess the ethical aspects of health promotion interventions for fragile elderly individuals

Course content

- Theories, definitions and concepts related to groups of the fragile elderly
- Physical, mental, social and existential aspects of health
- Personalised healthcare
- Evidence-based health promotion interventions for fragile elderly individuals
- The role and responsibility of the team in health promotion interventions with fragile elderly individuals
- Systematic literature searches, review and assessment
- Ethical aspects and approaches

Course design

The course is organised as online studies combined with lectures and seminars concentrated to a week in Lund. The teaching is based on the students actively practising information searching, problem solving, reflection and critical analysis. The study methods consist of independent study, group work, seminars and lectures. The
seminars require compulsory attendance.

**Assessment**

To be awarded a Pass on the course, the student must have completed active participation in online discussions and the seminar on theories, definitions and concepts, and a written assignment. active participation in online discussions and group assignments on evidence-based health promotion interventions, and oral presentation in groups at the seminar. the written assignment.

All assignments must be well structured and presented with a reflecting approach. The written reports must include appropriate and current references. A written exam can replace an oral exam at a re-sit.

*Subcourses that are part of this course can be found in an appendix at the end of this document.*

**Grades**

Marking scale: Fail, Pass.

**Entry requirements**

To be admitted to the course, students must have a degree in occupational therapy, audiology, physiotherapy, language and speech therapy, radiology nursing or nursing equivalent to a Bachelor’s degree (180 credits including a degree project of 15 credits).
Subcourses in MEVN31, Ageing and Health in Frail Elderly

Applies from H16

1601 Theory, definition, concept in relation to frail elderly, 2.5 hp
   Grading scale: Fail, Pass
1602 Evidence-based interventions for frail elderly, 5.0 hp
   Grading scale: Fail, Pass