

Faculty of Medicine

# ATPB51, Occupational Therapy: Occupational Science in Health Promotion, 6 credits

Arbetsterapi: Aktivitetsvetenskap i hälsofrämjande arbete, 6 högskolepoäng First Cycle / Grundnivå

## Details of approval

The syllabus was approved by Board of Rehabilitation Sciences Education on 2015-11-03 to be valid from 2016-01-01, spring semester 2016.

#### **General Information**

The course is included in the Bachelor of Science programme in Occupational Therapy, 180 credits, and is compulsory for a degree of Bachelor of Science in Occupational Therapy. It is included in semester 5 and complies with the regulations in the Higher Education Ordinance (SFS 1993:100 with later amendments).

Language of instruction: Swedish

The whole course or parts of it can be taught in English if necessary.

Main field of studies Depth of study relative to the degree

requirements

Occupational Therapy G2F, First cycle, has at least 60 credits in

first-cycle course/s as entry requirements

### Learning outcomes

#### Knowledge and understanding

On completion of the course, the students shall be able to

- explain and provide examples of the links between lack of or a detrimental set of activities and the risk for illness and disease based on current research in occupational science
- account for people's right to activity and explain the consequences of being excluded from activity
- explain how age, gender, ethnicity and socio-cultural background affect different needs of activity and how these factors in turn can constitute risks for illness
- explain the importance of the concepts of inclusion and participation in activity and their importance for the lasting health of people locally and globally

#### Competence and skills

On completion of the course, the students shall be able to

- identify instruments and methods for assessing activity-related risks for illness at the levels of individuals, groups and communities and identify gaps in knowledge and development needs
- discuss and argue for ideas for preventive work and interventions at different levels

#### Judgement and approach

On completion of the course, the students shall be able to

- use a diversity perspective and professional approach to consider people's right to activity and risks of developing illness
- identify their need of further knowledge and take responsibility for their professional development

#### Course content

The aim of the course is to enable students to understand the significance of people's right to and need of activity. The student is to be able to understand, exemplify and discuss global health issues from the perspectives of age, activity and rights. Moreover, the student is to be able to describe and understand the activity challenges of people with regard to gender, ethnicity and socio-cultural background.

Furthermore, they are to develop their ability to assess and choose methods to identify phenomena in everyday activities that can result in illness for people at the levels of individuals, groups and communities.

They are also to be able to identify the need of activity-based preventive measures and to propose such interventions in order to to prevent the development of illness and disease caused by unfair activity circumstances from local as well as global

perspectives.

## Course design

The course includes lectures and compulsory learning components such as group work, study assignments, skills components, study visits and seminars. Students are expected to be able to plan their studies, and independently carry out independent study and execute study assignments both individually and in groups.

#### Assessment

The assessment is based on both oral and written examinations.

To be awarded a Pass on the course, the student must have

passed an individual written examination

and participated in all compulsory components.

Number of exams

One examination and one opportunity to retake the examination are arranged soon after the course. Students who do not achieve a pass on either of these occasions will be able to retake the examination on a later occasion. Students who have failed an examination on a theoretical course are entitled to retake the examination four times.

New examiner

A student who has twice failed examination on a course or course component is entitled to have another examiner appointed, unless there are special reasons to the contrary (SFS 2006:1053). The request is to be made to the programme director.

Subcourses that are part of this course can be found in an appendix at the end of this document.

## Grades

Marking scale: Fail, Pass.

# Entry requirements

To be admitted to the course, students must be admitted to the Occupational Therapy programme and have passed semester 3 and completed semester 4.

# Subcourses in ATPB51, Occupational Therapy: Occupational Science in Health Promotion

### Applies from V16

1501 Occupational justice for sustainable health, 4,5 hp

Grading scale: Fail, Pass

1502 Mandatory elements, 1,5 hp

Grading scale: Fail, Pass